

PERSONALS

The Misses Lynn and Sara Panton of Syracuse spent the past weekend with their family. —Andrew Miklos, Jr., of Clairton, Pa., and Debra Betman of Glassport, Pa., spent Monday afternoon with his aunt, Mrs. Charles Panton of Grove Street.

Grocery Gems & Goodies

by Phil Fitch

Hi Folks! Last week we suggested that you think Spring — and look what happened. Monday it was down to a frigid 2 degrees above zero — and by Wednesday it was up to a nice warm 60. So, how about keep thinking Spring?

Did you stop to think what this new law requiring item pricing of food products is costing you shoppers? We are required to do it by law and it takes a lot of time which costs money. And, of course this has to be added on to the cost of the items that you have to pay for. Then add to this the extra money you have to pay in taxes for the people on the State payroll who are inspectors as well as those that enforce it — and you have one good reason why prices have gone up! Just who is kidding who? All this under the guise of saving shoppers money! How many laws like this can we afford?

For our specials of the week, in the Meat Department, Turkey is the best buy with 5-9 lb. average Beltsville Turkeys at 49c a pound; Ground Beef is 69c a lb.; Center Cut Chuck Steaks are 99c and semi-boneless Chuck Roast is 99c a lb.; with a Combination Pork Chop package at \$1.19 a lb.; and 7 Farms Butter is down to 89c a pound.

In the Grocery Department, Gold Medal Flour is 69c for a 5-lb. bag; Salada Tea Bags are 99c for a package of 100; Del Monte Fruit Cocktail is 39c for a 1-lb. 1-oz. can; Bravo Corned Beef is 99c for a 12-oz. can; Del Monte Green Beans are \$1 for 3 — 1-lb. cans; and Libby's Tomato Juice is 49c for a 1-qt. 14-oz. can.

In the Produce Department: Calif. Iceberg Lettuce is 3 heads for \$1; Florida Pink or White Grapefruit is 89c for a 5-lb. bag; Carrots are 29c for a 2-lb. bag; and homegrown Potatoes are 99c for a 10-lb. bag.

Well, that just about "wraps it up" for this week so, see you around?

The Clergy Review

SMALL CHURCHES TO BE PRAISED

by Rev. Ray E. Albaugh, Pastor Greenwood-Andover United Methodist Churches

At least one Bishop of our Church in making annual ministerial appointments has said, "There are no small Churches!" This is correct for any Church, regardless of its size, has a great calling and a great challenge which is no small task.

However, if measured, in terms of numerical numbers of members and financial potential, some Churches are smaller than others. But it is true in our particular denomination, as I'm sure it is true of many other denominations, that the small town Churches account for a great deal if not the larger proportion, of the support of the mission and social concern and educational work of the denominational Churches.

Of the 10 million Methodists, 50 to 60% of them are in Churches of 250 members or less, and these would generally be small town Churches. It is through the prayers and the giving of Churches of this size, when combined, which enables the Church to reach out in the areas of prison and armed services chaplaincy programs, homes for disturbed youth, homes for the aged, relief work (such as \$600,000 recently sent to Guatemala by the United Methodist Church for relief of persons suffering from the recent earthquakes) and into many other areas of Christian concern.

So a word of praise and thanks is due to the small-town Churches for their dedication and their giving which does keep alive the witness and work of Christ throughout the world. God bless all these Churches in their continued efforts under the direction of His Holy Spirit.

Physical Fitness Course To Begin March 1 At Alfred Ag-Tech

A physical fitness course for women will be offered early Monday evenings beginning March 1 at the State University Agricultural and Technical College at Alfred.

The course, scheduled from 4:30 p. m. to 5:30 p. m. in the college's Orvis Activities Center, is being offered through the Office of Continuing Education. It will be taught by Faith Trotta of the Department of Health and Physical Education.

Enrollment for the 10 sessions is limited to 30, according to Mrs. Trotta who said registration will be accepted by phoning the department at 607-871-6361. Cost is \$20.

She calls the course "a common

sense approach to diet and reducing" and "a complete program of slimming down and building up."

Mrs. Trotta, who has taught physical education at Alfred State College since 1965, spent part of one summer participating in a workshop conducted by Bonnie Pruden, nationally famous physical fitness expert. Mrs. Trotta has incorporated many of the techniques demonstrated at the workshop into her own course.

Andover and Greenwood Methodist Holy Communion Services

On Shrove Tuesday, March 2, Holy Communion will be observed in the Greenwood United Methodist Church at 7:30 P. M. The three days before Lent are traditionally Shrove days set aside for

a time of confession preceding Lent.

On Ash Wednesday, March 3 Holy Communion will be observed in the Andover United Methodist Church at 7:30 P. M. These Communion Services will not be preaching services, but a time for special confession, and also a time for guided prayers for the New Life Mission program which will begin the following Sunday, March 7th. All members and friends of the Church are invited to participate in these special Holy Communion services.

Appreciation

I wish to express my appreciation and thanks to all for the visitations, flowers, cards, gifts and other remembrances sent to me while I was in the hospital.

Howard Burrows

OES Notice

Anna W. McArthur Chapter No. 242 OES was the host for an Official Visit of Velma A. ... and Walter H. ... day, February 24, 1976. Grand Officers attending the meeting were Florence ... and Irene Hana. There were 37 members and visitors present for this meeting.

The Chapter initiated one new member, Doris E. Graves.

Gail Hardy and Rosemary Wightman presented the visiting Grand Officers with gifts during a skit, which centered on puppet birds. The skit was cleverly written by Gail Hardy and the birds were made by Rosemary Wightman. It was very entertaining.

Refreshments were served in the dining room following the meeting.

Political Advertisement

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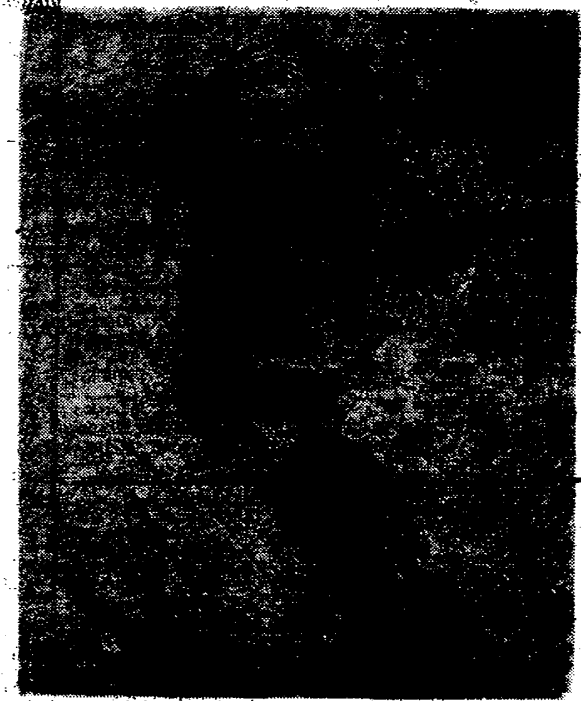
Born May 14, 1925, Elmira, New York graduated Elmira Public Schools; Syracuse University, Bachelor of Arts, 1949; Georgetown University Law School, Doctor of Jurisprudence, 1957; special studies at University of London, 1951 and Graduate Institute of International Studies, Geneva, Switzerland, 1965; Communist Strategy course, Foreign Service Institute, 1964.

Served as Staff Sergeant Southwest Pacific, World War II; Major, USAR, 1960-65.

U. S. House of Representatives: Executive Assistant to Rep. Howard Robison of New York 1958-70. Assistant to Rep. Sterling Cole of New York 1953-57. Assistant to Rep. J. C. Davis of New York 1949-51.

Account Executive, Mellor Advertising Agency, Elmira, N. Y. 1952-53. Executive Director, National Republican Congressional Committee 1970-75. Deputy Counsellor to The White House 1975.

Enrolled Republican voter in Chemung County since 1946. Awarded Congressional Staff Fellowship by the American Political Sci-



ence Association, 1965; Guest lecturer on politics and government at Elmira College, Connecticut College, University of New Hampshire, Washington Semester Seminars of SUNY, Choate School, Yale University.

Member: Republican Party, Episcopal Church, Chemung County Historical Association, Elmira City Club, Order of Lafayette (director), National Rowing Foundation (Trustee), Sons of the American Revolution, Empire State Chapter.

Married Patricia Painton of Elmira, 1952. Children — Sharon, 22 and Carolyn, 18.

Mr. Calkins is the son of John T. Calkins, Sr. and Laura Westervelt Calkins. Mr. Calkins, Sr. was general manager of Elmira Star-Gazette, Inc., until his death in 1941. Mrs. Calkins resides in Horseheads, New York.

On Election Day, March 2, 1976, Vote Row B for Jack Calkins

Jack Calkins Congressional Committee

William Burns Treasurer

P. O. Box 10 Elmira, N. Y. 14850