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# The Hi Herald

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## Sharon Lewis Selected As Member Of All State Conference Choir

Ten students from schools throughout Allegany County have been selected for membership in the All State Conference Choir. This choir, which is made up of 250 voices from throughout New York State, is part of the New York State School Music Association's 34th Directors' Conference which was held at the Concord Hotel, Kiamesha Lake, N. Y. on December 6-9.

The director of the All State Choir was Robert Kingsbury, Director of University Choirs at Southern Illinois University. His background includes network television and radio performances membership in the Robert Shaw Choral and Red Waring's Pennsylvania and choral conducting at the high school, college, and local levels.

The program included "The People of the Netherlands" by Louis Ross and "Two Planets" by Louis Ross.

Each member of the choir sang a solo in a competition festival and was judged by a professional musician. Each student was rated in order of proficiency with the others who applied and were selected on this basis along with the teachers' recommendations to be placed among the best vocalists in the County.

The students by schools are: Andover — Sharon Lewis, daughter of Mrs. Francis Davis; Sharon Lewis, daughter of Mr. and Mrs. William Dailey; School — She is an active member in both band and choir, and participates in all the musical events at school. She received an A rating on her vocal solo that she did in the Spring Competition Festival. She sang Soprano with the All State Choir.

Belfast — John T. Histed son of Mr. and Mrs. Francis Histed.

Bolivar — Donna Randall, daughter of Mr. and Mrs. Wesley Randall; Melonie Shaw, daughter of Mr. and Mrs. Keith Shaw; Melissa Cudaby, daughter of Mrs. Mary Cudaby.

Fillmore — David Norton son of Mr. and Mrs. Edgar Norton; Danise Peers, daughter of Mrs. Mary E. Peers.

Friendship — Wendy Chorney daughter of Rev. and Mrs. John Chorney.

Rushford — Donna Alderman, daughter of Mr. and Mrs. Donald Alderman; Becki Dailey, daughter of Mr. and Mrs. William Dailey.

Accompanying the students to the conference were their respective teachers: Mrs. Lois Boyer, Andover; Mrs. Norene Ferris, Bolivar; Richard Kennedy, Fillmore; Miss Janice Murray, Friendship; and Mrs. Wilda Williams, Rushford.

Also attending the conference was John Darr of Wellsville High School, President of the Allegany County Music Association. He represented all the music educators of Allegany County at the County President's Assembly, which met as part of the Directors' Conference.

Commercial Printing at The News Printing House.

## Editorial

by Debby Nichols

To me, Christmas is the most special time of the year. It is a time of colored lights, evergreen trees and good smells. It is a time of crunchy white snow, giving gifts, sending cards and wishing everyone you see a Merry Christmas.

Christmas is a time when words like "peace", "brotherhood" and "good will" take new meanings and even seem within reach. We look at everything with a rosy glow and dream the impossible and think maybe.

Christmas is the time when we look at people we haven't spoken to in months and try to remember the reason why. It is the time we think of our loved ones and try to remember when we last told them how much we care about them.

Christmas is a special time when words like "home" and "family" take on new dimensions. And so, during this special season, I would like to wish you and your loved ones a very Merry Christmas.

## Feature

by Lynn Pantan

### The True Meaning of Christmas

Once more the Christmas season is upon us. Everywhere one can see heavily decorated Christmas trees, bright lights, glowing candles, crackling fires and clusters of mistletoe. The mail is flooded with Christmas cards carrying Christmas tidings and thousands of letters to Santa Claus from hopeful children. But did you ever wonder what these Christmas symbols mean? Beneath all the glitter, there is a connection with the true meaning of Christmas?

Our American Santa Claus is a descendant of St. Nicholas — the kind and generous Bishop of Myra, People of the Netherlands made St. Nicholas the patron saint of children. The Dutch called this Saint Sinter Klaas from which came the Americanized Santa Claus who reached fame in 1823 with Clement Moore's "Visit from St. Nicholas." But whether he is known as Santa Claus, Pe're Noel, La Befana, or St. Nicholas, he always carries the symbol of good will, generosity and kindness.

The Christmas tree found in almost every American home comes from an ancient tradition. The most widely held belief is that an evergreen tree appeared like a miracle to Winifrid, an English Missionary, when he was confronted with some German papans. Winifrid explained to them that the evergreen was "the tree of life representing the Christ Child."

The familiar figure of the star represents the Star that shone over the manger in Bethlehem lighting the way for the three Wise Men.

Christmas lights and candles symbolize "Christ as the Light of the World". Martin Luther was one of the first to decorate the Christmas tree with lights in candle form saying they reminded him of the "glory and beauty of the Stars of Bethlehem on the night of Christ's birth." The Christmas candle and candlelight services were kept burning in Ireland "to light a path for the Christ Child."

At this time of year the air is always filled with such favorite carols as "O Come All Ye Faithful", "Hark! The Herald Angels Sing" and "Silent Night." These are very modern in the view that Christmas music in the form of litanies were performed as early as 400 A.D. to "celebrate the birth of our Lord."

These symbols are not purely decoration; they are there to remind us of the true meaning of Christmas. These Christmas symbols are saying: "Glory to God in the highest, and on earth peace good will toward men." for "Christ is born in Bethlehem."

The average farmer now supplies the food needs for 45 persons double the number of just 10 years ago.

## Purple And White

by Dan Slade

Last week the Panthers won two non-league contests on their home court. On Tuesday we hosted Greenwood. The Panthers took an early lead and maintained a slim edge through the first three quarters. In the fourth and final quarter the Panthers showed a full court press resulting in a series of Greenwood turnovers. On the strength of this press, the Panthers scored 29 of their 77 points in the last quarter. Andover showed some sharp foul shooting in the first half, hitting on 14 of 17 attempts.

Jim MacMichael and Mike Jackson tallied 27 and 22 points respectively to lead the Panthers attack.

The J.V.'s were turned back in the final seconds by a score of 46-48. The fouling out of several starters was a key factor in this game.

Friday night Whitesville was handed their first defeat of the season at the hands of our Panthers. The score was tied 17 all at the end of the first period. In the second quarter Andover's tough man-to-man defense came alive holding Whitesville to 8 points while Mike Jackson was hitting 11 of his 25 points. The Panthers held a 13 point advantage as they came on the court for the second half. In the second half the defense was again very tough as we matched Whitesville point for point winning 69-50 with the 13 point halftime lead intact. Jim MacMichael had 18 for the Panthers.

Coach Fuller's J. V. Club matched the Varsity's 3-1 record by downing the Whitesville team 58-33 in the opener. Alan Green played an exceptional game coming in for foul player Brian Cannon. High scorers for the J. V.'s were Bob Jackson and Brian Cannon with 13 and 12 points.

Gregg Shellman, the Panthers big man at 6'2", suffered a painful ankle injury in the Tuesday game. Diagnosed as a bone separation, he will be in a cast and sidelined for several weeks. He hopes to be able to go by the league opener, John Hyland who had a late start due to his broken foot, will become eligible for Friday's game at Canaseraga.

## Andover Fin Men

by Rod Brown

Andover suffered their first two defeats of the season by losing to Wayland and Naples.

In the Wayland Meet Doug Green, a Senior, took two firsts for Andover. But that still wasn't enough, as Wayland won 61-30.

Monday night Andover went to Naples where they were defeated 55-39.

Andover's next Meet is at Canisteo Thursday at 4:00 P. M.

## Cafeteria Menu

Week of December 21 - 22

MONDAY — Tomato-Rice Soup, Peanut Butter Sandwich, Fruit, Milk.

TUESDAY — Christmas Dinner.

Week of January 4 - 8

MONDAY — Spanish Rice, Vegetable, Bread and Butter, Fruit, Milk.

TUESDAY — Cream of Potato Soup, Peanut Butter Sandwich, Fruit, Milk.

WEDNESDAY — Potato Chips, Sliced Meat, Vegetables, Bread & Butter, Cake, Milk.

THURSDAY — Steamed Rice and Meat Gravy, Vegetables, Bread and Butter, Cookies, Milk.

FRIDAY — Creamed Potatoes, Boiled Egg (K-3), Baked Fish (4-12), Cabbage Salad, Bread and Butter, Fruit, Milk.

## Vacation

School will close on Tuesday, December 22 at the end of the regular session for Christmas Vacation. Classes will resume on Monday, January 4.

Use the Classified Ad Section.

## Down Beats

by Neila Potter

On Tuesday, December 22, at 1 P. M. the Junior Band will present a Concert for Grades K-6. Mrs. Sylvia Meyers will be directing the Band. The public is invited to attend. The Junior Band will perform the following numbers:

"Christmas Parade March" — Bill Laas

"Santa's Holiday" — A. R. Piatto

"Noel Francais" — James Ployhar

On December 23, the members of the Choir will be singing Christmas Carols around the neighborhood. The members wishing to sing should be at Mrs. Boyer's house at 7 p. m.

Mrs. Meyers is substituting for Mrs. Potter. Mrs. Meyers resides in Scio and was a vocal music teacher at Friendship for four years. Mrs. Meyers graduated from Houghton College, in 1967.

## Senior Interview

by Cheryl Joyce

The delightful subject of this week's Senior Interview is Kathleen Marie Gavin, daughter of Mr. and Mrs. Donald Gavin. Kathy's major in school is art, a subject in which she does very well. He has three sisters, Karol, Mary and Cecilia.

Kathy has had a very busy schedule in her years at A.C.S. She has been active in FHA for four years, GAA for four years, Hi-Herald for two years, Chorus for two years, Marching Band for four years, and Red Cross for four years. Besides these Kathy played Alice in the Junior Play and is Lay-Out Manager for the Yearbook Staff. She is also an active member of Student Council.

We at A.C.S. wish Kathy a very bright and happy future.



## Doctor in the Kitchen®

by Laurence M. Hursh, M.D.  
Consultant, National Dairy Council

## CHRISTMAS MILK DRINKS

It's Christmas time and the season when festivities heighten. And parties occur across the land. And all kinds of punches are introduced. And eggnog is a special favorite.

Food, in fact, plays an enormous part in the celebration of Christmas. When you think of it - what was it that gave even the pioneer Christmas celebrations their special flavor? There had to be a Christmas tree, of course. With ornaments of some kind. And gifts. And prayers in recognition that it is primarily a religious event.

But then food was important. And so it remains today, a time when friends and relatives gather over a table laden with goodies. And talk, and sharing, and good food all blend together to warm our hearts and stomachs.

### Special Meals Drinks

For young people and old I have always thought special milk drinks and punches are a great holiday treat. And better calories, by far, than other beverages.

So here's one called Party Punch. Calls for 1 qt. whole milk, 3 pints orange sherbet, and 1 qt. lime-grapefruit carbonated beverage. Combine milk and sherbet. Beat smooth. Add chilled lime-grapefruit and stir gently until just blended. Scoop or spoon remaining sherbet on top.

Makes 28 half-cup servings. For variety you could substitute lime or raspberry sherbet for the lime-grapefruit.

Or Peach Almond Shake. You'll need 2 cups frozen or canned peaches and syrup, 1 pint vanilla ice cream, 2 cups cold milk, ¼ teaspoon almond extract. Put ingredients in blender or mixing bowl. Beat two minutes or until smooth and frothy. Makes 4 servings. Variations of this can be mixed by using other flavors or actual fruit such as bananas, crushed pineapple, and so forth.

### Basic Eggnog

Basic eggnog, if not purchased already prepared from your dairy, calls for 4 eggs, separated, ½ cup sugar, ¼ teaspoon salt, 3 cups of milk, 1 cup of whipping cream, ½ teaspoon vanilla, nutmeg as desired. Beat egg yolk, gradually add ¼ cup sugar and salt, beating constantly. Add milk and cream gradually. Cook over hot water or slow heat, stirring constantly, until mix thickens and coats a metal spoon. Cool. Add vanilla and chill thoroughly. Beat egg whites to soft peaks while gradually adding remaining ¼ cup sugar. Beat chilled custard until smooth and frothy. Fold beaten egg whites into custard. Sprinkle nutmeg on top. Makes 16 half-cup servings.