

The Hi Herald

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Editorial

by Jean DeRemer

Every once in a while the question of the physical fitness of America's youth comes up for discussion. One of the Gordian knots of this subject is how to encourage youngsters, particularly teenagers, to practice physical activity.

One possible solution is to give youngsters an interest in physical activity. At the present, Andover has an excellent Physical Education Department. Miss Troxell and Mr. Overslaugh have both given the majority of girls and boys a real interest in and a variety of physical activities.

I don't mean to slight the other coaches—Mr. Barden, Mr. Russell and Mr. Wilcox. They are doing a wonderful job with their team members also. These teams keep fighting to win, but not forgetting sportsmanship.

However, in the field of general physical education Miss Troxell and Mr. Overslaugh have given most of Andover's youth a greater interest in physical fitness.

Miss Troxell and Mr. Overslaugh—we all salute you.

First Aid Courses

To Be Offered

The Allegany County Chapter of The American Red Cross will offer to students of Andover Central School two courses in first aid beginning March 9, 1965. Both courses will be offered twice a week, Tuesday and Thursday nights after school in the library. The standard course will be offered first with the advanced course starting immediately upon completion of the standard course. The standard course is open to all high school students. The advanced course is open to all students who have successfully passed the standard course in First Aid. Any student wishing to participate in either of these courses who has not done so should sign up immediately with Mrs. Burger.

Finish First Aid Course

Students in grades seven and eight who are members of the Junior Red Cross have recently completed a Junior First Aid Course under the direction of Mrs. James Thornton and Mrs. Otto Walchli. Thirty-eight students participated in the course which was offered once a week after school. The students who attended the required number of hours and who satisfactorily passed the practical and written examinations will receive cards from the American Red Cross to indicate they are qualified to perform Junior First Aid.

Yearbook News

by Ruth Allen

Yearbook subscriptions may be bought from any staff member. The price is \$2.00 down and \$1.50 upon arrival.

See the following people for your subscription: Danny Smith, Jean DeRemer, Davie Wightman, Tom Manion, Dianne Vars, and Ruth Allen

Cafeteria Menu

Week of Feb. 1 - 5

MONDAY: Spanish Rice, Buttered Green Beans, Peanut Butter Muffins, Fruit, Milk.

TUESDAY: Parsley Potatoes Sliced Luncheon Loaf, Buttered Corn, Bread and Butter Sandwiches, Cherry Cobler, Milk.

WEDNESDAY: Chicken Rice or Potato Soup, Peanut Butter Sandwiches, Frosted Chocolate or White Cake, Milk.

THURSDAY: Vegetable Beef Stew and Potatoes, Vitamin Sticks Bread and Butter Sandwiches, Molded Salad, Milk.

FRIDAY: Creamed Potatoes Deviled Egg, K - 4 Baked Fish, 4 - 12: Cabbage Salad, Bread and Butter Sandwiches, Fruited Jello, Milk.

Boost Your Home Town!

Tot Spot

Kindergarten, Mrs. Riggs — Gina Baker's family has a new red car. Beth Polmateer brought a vernote controlled top puppy, which walks, barks and sits down on demand. Carl Schrader and Marcella Jackson brought some good books for us to read. Jane Nye says they saw tracks near their home which might be bear tracks.

Kindergarten, Mrs. Corwin — Debbie Lee Morris and Bonnie Scott are back after illnesses of two weeks. Christine Lounsberry helped her uncle celebrate his birthday at a dinner at her grandmother's. Nicholas Dean entertained his Aunt Doris for supper on Saturday night. Cindy Halsey and Cynthia Davis spent part of the week-end with their grandmothers. Ella Billings looks nice with her new hair cut.

Grade One, Mrs. Hay — We are glad to have Wendy Cahill with us after her illness. Several of the children went visiting this past week-end. Jay MacMichael visited his grandmother in Almond. Lewis Spencer went to Buffalo and visited his Aunt. Debra Allen went to her grandmother's in Andover. Brian Halsey visited his grandmother and she took them to a lake where he and his sister could ice skate. Linda Kittell's grandmother came to visit with them, and she spent the night. Ronald Gruber's grandmother came to his house Sunday. Mike Cornelius went to a movie in Rochester, and Terry McCormick went to a movie in Wellsville. Larry Smith watched his sister bowl.

Grade Two, Mrs. Peckham — Shawn McCormick and Susan Monroe saw "Emil and the Detectives" in Wellsville Saturday. Craig Dodge visited his Grandmother Dodge in Hornell Saturday. Martin Cornish visited at his Grandmother Grossman's on Saturday. Shawn McCormick has started a Stamp Collection. Cynthia Tomm was in Hornell Friday with her mother. Carol Givens entertained the Bruebaker family on Sunday. Debra Baker visited her grandmother in Akport on Sunday. Several children in our room enjoyed the week-end sliding and playing in the snow.

Grade Three, Miss Tripp — Diane Gorsuch's grandfather is in the hospital. He had another operation Sunday. Harriet McCormick visited her grandmother on Saturday. Ann Dunham went bowling in Wellsville on Sunday. Carol Clark went for a sleigh ride over the week-end.

Grade Three, Mrs. Reil — Allison Davis spent the week-end with her cousin, Lisa. Kenneth Geer visited some friends in Elm Valley. They had fun sliding down hill after dark. Christine Mattison went ice skating. Steven Dunham and George Burger spent Saturday with Edward Wilson. Nora Kelley entertained her cousin from Wellsville for the week-end. Sue Herr took a trip to Ulysses to visit her cousins. Rose Billings had fun at home making a snow fort. Carol Roeke visited her neighbors. Laura Tomm went roller skating in Wellsville. Jeffrey Petrie went to the show in Wellsville. He especially enjoyed one about horses.

Grade Four, Miss Harris — Yvonne Dunham went bowling Sunday. Many of our class enjoyed skating, sledding and tobogganing over the week-end. Edward Wilson's Cousins from Hornell were week-end visitors. Connie Baker was in Wellsville Friday. Lois Gram was in Dansville Saturday.

Grade Four, Mrs. Vars — Dennis Burrows was nine years old on Thursday and treated the class to candy bars and suckers. Susan Church went skating at Denton Hill, Pa. She also went to the movie in Wellsville Saturday night. Darlene Fuller went roller skating Friday night. Kathryn Spencer went to Hornell on Thursday. Nelia Potter went to Knoxville, Pa., to visit her grand-

mother. Mary Lou Bird's Aunt and Uncle visited her. Dennis Burrows went roller skating Friday night.

Grade Six, Mrs. Schwarzenbach — Kathy Weatherby celebrates her twelfth birthday Tuesday. Randall Potter spent the night in Knoxville with his grandparents.

Report Cards

Report Cards will be issued at Noon on Wednesday, February 3rd.

Army Nurse Corps Observes 64th Birthday On February 2nd

On the eve of its 64th birthday, the United States Army Nurse Corps once again prepares to acknowledge and pay tribute to the thousands of professional nurses who have served with distinction and pride during its long existence.

Today, just as on February 2, 1901 when the Army Nurse Corps became a reality, army nurses maintain an around-the-clock vigil in providing direct patient care to military personnel and their dependents.

Sergeant Thomas E. Buehler of the Olean Army Recruiting Station points out that in this present decade of development, opportunities for professional growth in the clinical specialties open broad horizons for the Army Nurse. Continuous learning and teaching have become a way of life for these nurse officers. They gain and share knowledge with their civilian counterparts in the clinical laboratories; on the college campus and in the Army's classrooms.

The Army has been making tremendous strides in its efforts to provide financial aid and education for prospective nurses. Since 1956, the Army Student Nurse Program has assisted worthy young people to complete their nursing education in both degree and diploma programs, in return for their agreement to serve specified periods in the Army Nurse Corps.

In 1964, a four-year program which provides financial assistance was approved to enable 135 outstanding high school graduates annually to enter college and complete a basic program in nursing education.

The Army-Sponsored Educational Programs help to interest young men and women in nursing careers. To some extent they alleviate the shortage of Army Nurse Corps Officers and add to the Nation's resources of nurse power. Additional nurses are needed, however, to fill vital jobs throughout the world.

For further details on how you can serve your Country as an Army Nurse, contact: Sergeant Buehler at Town Clerk's Office, Wellsville, N. Y., on Thursday Morning.

Conservation News

Landowners who would like to cash in on the increasing number of game birds being produced, as a result of soil and water conservation plans on their properties, should note a new USDA publication, "How to Plan a Shooting Field". The Soil Conservation Service has copies of this leaflet number 532. Two of the authors, Philip Allen and Olan Dillon worked for SCS in Ithaca for many years.

Shooting fields can be planned for operating farms for regular season hunting of resident game birds, or for release shooting on licensed shooting preserve. For planning assistance, landowners can apply to their local soil and water conservation districts.

A licensed shooting preserve provides sportsmen the opportunity of hunting pen-raised upland game birds. On a good shooting preserve a hunter can take the number of birds he wants in about two hours. Essential features of

IN OUR STATE

WATERTOWN IS OUR STATE'S GATEWAY TO THE THOUSAND ISLANDS, THE ST. LAWRENCE SEAWAY, EASTERN ONTARIO AND THE ADIRONDACKS.

THE BLACK RIVER, WHICH FALLS 112 FEET AS IT FLOWS THROUGH THE CITY, PROVIDES WATERPOWER FOR INDUSTRY.

ONCE A GREAT PAPERMAKING CENTER, WATERTOWN NOW HAS 42 MANUFACTURING PLANTS MAKING A WIDE RANGE OF PRODUCTS.

WATERTOWN'S TWO SAVINGS BANKS, IN A CITY OF ABOUT 11,000 HOMES, HOLD SOME 100 MILLION DOLLARS IN DEPOSITS AND ABOUT 8,000 MORTGAGES.

FRANK W. WOOLWORTH, NATIVE OF WATERTOWN AND A CLERK IN A STORE THERE, CONCEIVED THE IDEA OF 'FIVE AND TEN' AT THE JEFFERSON COUNTY FAIR IN 1878.

a shooting preserve are the shooting fields where the birds are released shortly before the hunt. Most preserves have several such fields.

This publication tells farmers how to plan these shooting fields so that birds released within the field have little chance to escape to other areas. It explains how to provide a pleasant landscape and safe shooting without too much effort.

Landowners in the Allegany County Soil and Water Conservation District can get a copy of "How to Plan a Shooting Field",

as well as publications on wildlife, recreation, and other conservation subjects from Leslie A. Whitney, who is in charge of the Soil Conservation Service office at Belmont, N. Y.

While there visitors should remember that winter is a good time to discuss conservation planning, revising an existing plan, or making arrangements to install soil and water conservation practices next spring. To be sure that someone will be in the office to talk about these subjects, we suggest calling Belmont 7831 for an appointment.

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