

Doctor Quiddity

A Public Service Health Message

MEDICAL SOCIETY OF THE STATE OF NEW YORK

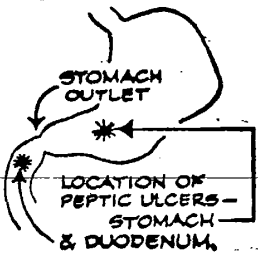
THE STOMACH IS A PLIABLE MUSCULAR BAG FOR RECEIVING MEALS. IT CHURNS THE FOOD, MIXING IT WITH THE DIGESTIVE JUICE MANUFACTURED BY THE CELLS OF ITS LINING.

NORMALLY THIS GASTRIC JUICE IS ACID.



PEOPLE WITH ULCERS DON'T MAKE A STRONGER STOMACH ACID THAN THEIR NON-ULCER FRIENDS. HOWEVER, THEY MAKE MORE ACID AROUND THE CLOCK, AND MANUFACTURE IT BETWEEN MEALS, INSTEAD OF MOSTLY JUST WHILE EATING.

SINCE FOOD IS AN EXCELLENT ACID-NEUTRALIZER, MANY FEEL BETTER TAKING THEIR FOOD MORE OFTEN THAN IN SIMPLY 3 SQUARE MEALS PER DAY.



KUWE BERGER, M.D.

HOSPITAL NOTES

Guy Tucker, a medical patient in the Bethesda Hospital for two weeks, returned to his home last Friday.

Mrs. Harold Rifenburg, a medical patient in the Jones Memorial Hospital, returned to her home Sunday.

Job Applications

Applications will be received at the Village Office for one employee as laborer in the Streets and Water Department.

Dated: January 14, 1965.
L. C. Kibbe, Clerk

News Briefs Of Local Servicemen

PFC Delbert Kemp stationed at Fort Lewis, Washington, arrived home Monday, January 11th to spend 21-days with his parents, Mr. and Mrs. Charles Clemens.

American Cancer News

A total of 20,330 new cancer cases among residents of the 54 upstate counties were reported by physicians, hospital, tumor clinics and laboratories in 1963, it was announced by the American Cancer Society, New York State Division, Syracuse, N. Y.

The figures were supplied by the Bureau of Cancer Control of the New York State Department of Health.

Distribution of these cases was: males, 10, 158; females, 10, 172. There were 225 cases of cancer reported in children under 15, and 291 in young people under 20.

The types of cancer which occurred most frequently included: In men: skin, 1,634; lung and bronchus, 1,513; and prostate, 1,150. In women: breasts, 2,209; cervix uteri, 1,206; skin, 1,204; and large intestine (excluding rectum and rectosigmoid), 958.



United Milk can 10¢

AT ANDOVER MARKET BASKET ONLY

**Vine Ripe Tomatoes
lb. 25¢**

**Pink or White
Grapefruit 10 for 59¢**

**Maxwell House
Coffee
2 lb. can \$1.39**

**Heinz Tomato Soup
can 9¢**

Swiftning 3 lb. can 59¢

**Birdseye
Frozen Squash
12 oz. pkg. 16¢**

**Ragu
Spaghetti Sauce
qt. jar 59¢**

**30 Extra Free Top Value Stamps
On Purchases of Each of the Items Listed Below
at REGULAR PRICE**

- LAND O' LAKES BUTTER ¼ lb. Prints — 1 lb. Ctns
- DOMINO PURE CANE SUGAR — 5 lb. Bag
- FRO-JOY ICE CREAM — ½ Gal.
- M-B GREAD — Regular or King Size — 2 loaves
- ARMOUR'S STAR SKINLESS FRANKS — 1 lb. Pkg.
- ARMOUR'S STAR SLICED BOLOGNA — 1 lb. Pkg.
- FOX E LUXE CHICKEN LEGS or BREASTS — 2 lb. Pkg.
- BIRDS EYE FISH STICKS — 8-oz. Pkg.
- 25 lb. Sack FLOUR — ANY BRAND
- FRENCH'S GROUND BLACK PEPPER — 4-oz. Can
- DOZEN FLORIDA ORANGES
- ONE DOZEN LARGE or JUMBO Grade A EGGS

Fresh Fryers

- Whole . . lb. 27c Cut Up . . lb. 31c
- ROUND STEAK, lb. 79c
- RUMP ROASTS, lb. 95c
- Star SLICED BACON, lb. 59c
- MB COTTAGE CHEESE, lb. 25c 2 lbs. 45c

Library News

NEW BOOKS

- Adults "Undive", by Phyllis Brett
- Young "The Explorers", by Frances P. Keyes
- Christie "The Clocks", by Agatha Christie
- Juvenile "Volcanoes and Earthquakes", by Rob't Irving
- "American Travels", by Alice Daighesh
- "The Mailbox Trick", by Scott Corbett
- "The Little Farm", by Lois Lenski
- "Master Penny's Circus", by Marie Hall Ets.
- "The Stars", by H. A. Rey
- "A. B. C.", by Bruno Munari
- "Rapunzel", by Felix Hoffman
- "Wingfin & Toppie", by Evans G. Valens, Jr.
- "Cats Have Kittens Do Gloves Have Mittens", by Cathleen Schurr

4-H News

Elm Valley Pokes

The girls of the Advance Group of the Elm Valley Pokes finished their cooking lesson at the last regular meeting of the year 1964. They had a special meeting held at the Glover home on December 12. Each girl made a vase for their mother for Christmas. They took different shapes of macaroni and glued it to a bottle and then spray painted them.

The girls held their Christmas party December 23 at the home of their leader, Leona Glover, from 4 to 6 p. m. We exchanged gifts, played games and were served punch, sandwiches and cookies for refreshments. There were thirteen members, three leaders and five guests present.

To start the New Year of 1965 we held a sewing meeting for all members at the home of our Newsreporter, Dorothea Glover. There were only three members and two leaders present as so many of the girls were sick.

The next meeting will be held Saturday, January 23rd at the home of our leader, Leona Glover. Girls are to have their patterns marked and pinned on the fabric. We would like a good attendance. Dorothea Glover, Newsreporter

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