IFWS NDOVER

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For The Week Ending Thursday, March 14, 1963

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"Swim and Stay Fit" Program Saves Shoe Leather

According to a recent news item from the Dodge City Daily Globe", "Students at Andover, N. Y., school district I, have come up with a new twist to the physical fitness program. While people all over the country are wearing out shoe leather in 50 mile hikes, these students are keeping cool and comfortable as they swim their way across the United States" We, who live in Andover, don't realize fully the impact that this novel idea has made wherever it has been presented or the importance it plays in a good "Physical Fitness Program."

At the present time there are over 250 boys and girls participating in the local program and each time they enter the pool, they swim at least 4 of a mile (22 laps) of more without stopping. This is them recorded in two places—both on an individual progress chart and also the mileage on a map of the United States. At the beginning of the program a Northern Route across the United States was mapped out by Physical Ed Instructor Ed Stackwick and the Summer Recreation participants to graphically illustrate their progress in the local swimming pool.

When school started, the program really took hold and "snow-bailed": until at the present time the swimmers have swum a total of over 1,900 miles since last July the thir sweaps in least united the swimmers have swum a total of over 1,900 miles since last July

balled" untir at the present time the swimmers have swum a total of over 1,900 miles since last July with their present location at Denver, Colorado.

Fourteen lads have completed 50 miles with Danny Smith leading the program with an accumulation of 105 miles to date, and with 61 miles.

with 61 miles.

The National Red Cross is the sponsor of the "50 mile club" with a goal of swimming 50 miles in three years. The local goal is to see how many can complete the course in one year, with their ultimate goal to reach the West Coast by '64.

The swimmers receive Official Red Cross cards upon the completion of every 10 miles up to 50 miles with this one being printed in gold. They also receive an emblem embroidered in gold to be sewed on an award sweater as a member of the "50 Mile Swim Club".

Club".

The swimmers have traveled thru 9 states receiving letters of Commendation from many cities along their route, as well as various Chamber of Commerce units and other VIP's and Dignitaries.

The following letter was received recently:

The White House

Feb. 18, 1963
Dear Mr. Stackwick: Dear Mr. Stackwick:
Please express my appreciation
to the youngsters participating in
the "Swim and Stay Fit" program.
In addition to strengthening themselves physically, they are demonstrating the self-discipline which is essential to the success of our

essential to the success of our free society.

Please express my thanks also to the persons who made the "Swim and Stay Fit" program possible. It is an imaginative and constructive response to the President's request that we strengthen all programs which contribute to the physical fitness of our youth.

Sincerely yours,
C. B. Wilkinson

Consistent to the President on Physical Fitness

Hospital Notes

Sylvester Pelton, a medical patient in the Jones Memorial Hospital, returned to his home Thursday and is confined to his bed.

Mrs. Robert Polmateer was admitted to the Jones Memorial Hospital Sunday as a surgical patient.

pital Sunday as a surgical patient. Site returned ot her home Tues-

day.
Mrs. Donald Ciemons is a medical patient in the Jones Memorial Respital.

Andover March of Dimes Campaign Nets \$590

Mrs. Marie Alvord, Andover's March of Dimes Chairman reports \$590 raised in Andover. At the school Mr. Wilcox's room was First and Mrs. Burgere's room Second. Mrs. Alvord wants to expess her appreciation to the following workers.

Mrs. Elmo Barden, Mrs. David Herr, Francis Guinn, Mrs. Glenn Halsey, Mrs. Marian Tidd, Mrs. Leo Alvord, Mrs. Bernice Marsh, Mrs. Bernice Lounsberry, Mrs. Rosemary Burgett, Mrs. Oliver Kemp, Mrs. Lorene McLean, Miss Margaret Wood, Mrs. Catherine Joyce, Mrs. James Gavin, Miss Agnes Taylor, Mrs. Fred Sisson, Mrs. Doris Clarke, Mrs. Erwin Lewis, Mrs. Wellman Burch, Mrs. Jessie Baker, Mrs. Bertha Hardy, Mrs. Hilda Vars, Mrs. Harold Rice, Mrs. Edward Stackwick, Mrs. Helen Boyd, Miss Connie Lewis, Mrs. Florence Greene and J. H. Kessler

Carl Burdick Receives Forest Dept. Appointment

Carl R. Burdick of the Andover-Wellsville Road, was appointed to the Allegany County Forest Dept., by the Board of Supervisors, Mon-

day.

Burdick, former manager of the Allegany County Soil District was

\$4,260. His duties, which begin immediately, include making an inventory of 20 parcels of land which compose the 2,000-acre Allegany County Forest. The parcels are located in six towns in the north and central part of the county.

Masonic Notice

The stated Communication of Andover Lodge No. 558 F.&A.M., will be held Monday evening, March 18th at 8 o'clock. All Master Masons are invited to come out and enjoy a sociable evening.

Gary Rosintoski To Take Parts In Spring Drama

Parts In Spring Drama
Gary Rosintoski, son of Mr. and
Mrs. Jack Rosintoski, Andover,
won the parts of Nathaniel and
Pedant in "Taming of the Shrew",
a spring drama production of the
State University College at Brockport. The Shakespearean comedy
will be presented in the college
and to the Shrew of the Language of the College
and the three-day presentation, the
Harlequina will put on a special
performance for high schools at
2 p. m. Thursday, March 28.
"Taming of the Shrew" is also entered in the Corning Darma Festival March 28-21.

On Dean's List

Miss Linda R. Coffin of Andover, a juntor iff the School of Nursing at Alfred University, has been named to the dean's list for outstanding achievement daying the first semester. Miss Coffin is the daughter of Mr. and Mrs. Leon B. Coffin, First Street.

Woman's Relief Corps Edward Seaman Woman's Relief

Members of the Edward Seamas Woman's Relief Corp No. 155 will hold their regular meeting and birthday dinner Friday, March 15th in the new Grange Hall on East Greenwood St. A tureen dinger will be served at Noon. Those being honored on their birthday anniversaries are: Mrs. Lina Ruger and Mrs. Lelia Livermore.

News That's Print To Fit

Reading other people's mail canoften times lead to trouble and
fragedy. However, when looking
over letters from busy important
people who have taken the time
and effort to comment on a local
program as well as our local
young people, they become worthy
of notice.

Here are some letters received
by Coach Stackwick on the local
"Swim and Stay Fit" program as
the swimmers have progressed
aross the Country:

The Indianapolis Chamber of Commerce Indianapolis, 4, Indiana

Dear Mr. Stackwick:

your fine Congratulations on your fine physical educatoin program and "welcome to Indianapolis". We're delighted to participate in your special program and hope the en-closure will give you and your pupils a more complete picture of the community of which we are

Sincerely, John R. Walsh, Manager Civic Affairs Division

Indiana State Farm Greencastle, Indiana Dear. Mr. Stackwick:

Thank you for your letter regarding your imaginary stop at the Indiana State Farm during one of your "swim and stay fit programs."

I am indeed sorry that the distance prevents this trip from becoming a reality as it would give us a great deal of pleasure to have you stop in at our Institution for a rest period and a trip around the form before swimping away. farm before swimming away.

To me, connected as I am with

To me, connected as I am with the search of the search of

Superintendent

Terre Haute Chamber of Commerce Terre Haute, Indiana

Dear Mr. Stackwick: Thank you so much for your letter and we are interested first in a very general way in your "Swim and Stay Fit. Program." This writer is particularly interested in this program since he has two children both of whom are really involved in the Elks swimming program and both of whom are members of the both of whom are members of the local Elks swimming team. I am delighted to go along with

your spirit of your swim across the entire United States and I exthe entire United States and I extend to you and your fine youngsters a most cordial welcome to the city of Terre Haute. I am real sorry that you could not stay for dinner and that we did not have a little better facilities for your "swim-through". As you know we are located on the banks of the storied Wabash River. I hasten to add that the swimming here to add that the swimming here is not too good. It was all right in the days of my youth but now we have, three fine municipal poels and many club and private swiming pools. As much as I like the Wabash River I am glad that you didn't have to "swim-through" our community in its waters.

It was nice to have you here so hail and farewell as you continue

Ambulance Service Resumed

James F. Mulholland announces that he is now equipped to handle Ambulance Calls again.

New Arrivals

Mr. and Mrs. Richard Wittie Mr. and Mrs. Richard wittle are the parents of a son born Tuesday, March 12, 1963 at the Jones Memorial Hospital. Mr. and Mrs. Clarence Wittle are the paternal grandparents.

Mr. and Mrs. Ronald Glover Mr. and Mrs. Konaid Glover (Emogene Martin) are the parents of a daughter born Friday, March 8, 1963 at the St. James Morcy Hospital. Mr. and Mrs. Harley Glover of Rochambeau Ave., are the paternal grandparents.

Mr. and Mrs. James Washburn (Connie Burch) are the parents of a daughte born Sunday, March 10, 1963 at the Jones Memorial Hospital. Mr. and Mrs. Carl Burch of Elm Valley are the maternal grandparents.

grandparents.

Mr. and Mrs. Clifford Grover of Ransomville, N. Y., are the parents of a daughter, Robin Lee, born Wednesday, March 6, 1963.

Mr. and Mrs. N. A. Nelson are the paternal great-grandparents.

PTA News

The regular meeting of the Andover PTA will be held on Thursday, March 21, at 8:00 p. m. in the School Library. Roland G. Master, Guidance Teacher, will speak on "After High School What". The discussion will in-What. The discussion will include the changing labor market, careers available to young people today, and the State University of New York tuition fees. Pamphlets on careers will be distributed. All high school students are invited and urged to attend.

There will be election of of-

There will be election of ficers for the 1963-64 season

Mother Dies

Mother Dies

Mrs. Mary Mills Dixon, wife of John E. Dixon, died at her home on 80 Chapel St., in Mt Morris, Wednesday, March 13, 1963 following a long illness.

She was born in Nunda and came to Mt. Morris as a child. She was a member of St. John's Episcopal Church.

Besides her husband she is arrived by a daughter, Mrs. Donald Binder of Mt. Morris; a son, John M. Dixon of Andover; two sisters, Miss Dora Mills and Mrs. Harriet Tully, and a brother, Charles Mills all of Mt. Morris and two grandchildren. children.
Friends may call at the Martin

Funeral Home where a service will le held Friday at 2 p.m. by Rev. Ardys T. Dean, rector of St. John's Church. Burial will be in Mt. Morris Cemetery.

your trip across the United States. Since, the American Red Cross is located next to this office I will see that they get a copy of this letter

er Cordially yours, John K. Lamb Executive Vice President

Effingham Chamber of Commerce
Effingham, Illinois
Dear Mr. Stackwick:
Congratulations on the very
clever idea of using geography in
your physical fitness program.
Communities are sensitive about
their locations and it makes us
very happy to hear that you are
swimming through Effingham. We
certainly have great respect for
ideas of this kind, and we will
bring this to the attention of our
own school district and chamber
membership.

membership.
Enclosed is a brochure which
will give you an idea of what you
are swimming through.
Very best regards,
Louis H. Tertocha
Executive Secretary

Herse Sense, Too Lucky Louie, says: "Horsepower was a lot safer when only horses had it." only

Blood Bank At Andover On April 1st

The Rochester Regional Blood Bank-Program will be at Andover Central School on Monday, April 1st, from 1 to 7 P. M.

All persons interested in don-ating blood at this time, please call and make appointments with Glenn E. Bronson, phone Andover 478-4611. If unable to make the appointment come at your convenience between 1 and 7 P. M. on

The purposes of the Rochester Regional Blood Program of the American Red Cross are:

To meet the blood needs of bona fide residents of this region who are hospitalized outside the regional area, providing the hospital concerned will cooperate.

To provide blood products: namely, serum albumin, gamma globulin and fibrinogen insofar as such products are available to the Program.

To cooperate with the American National Red Cross in providing blood to the hospitals of the Vet-erans Administration located within its regional area and, within reasonable limits, to designated Veterans Administration hospitals located outside its regional area.

To cooperate with other Red ross Regional Blood Centers in

To cooperate with other Red Cross Regional Blood Centers in providing a nationwide network for expanded blood collections in the event of civilian disaster or national defense needs.

To cooperate with other Red Cross Regional Blood Centers and non-Red Cross agencies in efforts to establish nationwide reciprocity in supplying blood.

The Rochester Regional Blood Program, established on January 12, 1948, was the first regional blood program of the American Red Cross. It is one of the few pograms providing blood coverage on the basis of patient need or patient residency, as opposed to the strictly "credit type" programs. Eligibility to receive blood is not based on established credits or previous blood donations.

To provide this coverage the Blood Program must called the content of the program of the progr

To provide this coverage the Blood Program must collect 160 pints of blood each day for 250 days a year and this is continuously increasing due to the discovery of new uses for blood and blood products

covery of new uses for blood and blood products.

The Blood Program is supported financially by the 18 Red Cross Chapters responsible for its operation through their annual fund campaigns. It costs the Red Cross approximately \$6.30 to collect, process and deliver a pint of blood to a hospital for patient use.

However, the hospitals incur

However, the hospitals incur costs in transfusing blood, for which they charge an "administration fee." This fee is varible from one hospitals to another and covers the hospitals' dosts to store and cross-match blood, and provide trained personnel to give blood transfusions. In some instances, hospitals also assist their local Red Cross Chapter in financing the Blood Program.

In no instance, however, is there a charge for the blood itself. This is a gift of volunteer donors and is passed on as such to the patients who receive it.

who receive it.

Please remember the date for donation of a pint of blood is April 1st.

Elmer Raub Sr.

Elmer Raub Sr., of Elm Valley, died Wednesday morning, March 13, 1963 at the Jones Memorial Hospital following a short illness. Funeral services will b held a the Embser Funeral Home Wellsville Saturday afternoon. Home in

Legion Notice

The regular meeting of the Lynch-Burgett Post No. 397 will be held this Tuesday, March 19th at 8:30.

Boost Your Home Town!