# Community Letters

From News Correspondents

## Independence

**Mrs. Floyd Clarke, Reporter**

Nov. 19.—Mrs. Hattie Crandall and Mrs. Richard West and Sally of Alfred were Sunday callers of Mr. and Mrs. Floyd Clarke.

Mrs. Francis Clarke of Coudersport, Pa., spent the week-end with Mrs. S. W. Clarke.

Mrs. John Lewis entertained the officers and staff of Rebekahs of Whitesville to a chicken dinner Tuesday night.

Mr. and Mrs. Gilbert Cornish entertained 27 Friday evening, in honor of Franklin Cornish's birthday and Carl Shutt's, who leaves for service in U. S. Army this week.

The Young People met with Miss Wanda Matteson Sunday night for Bible Study and social.

Mr. and Mrs. Raymond Rogers and family of South Bolivar are visiting their sister, Mr. and Mrs. Charles Spicer, before moving to Silver Springs where they have purchased a saw mill and hardware.

Miss Mary Lee spent Friday with Mrs. R. A. Clarke.

The Home Bureau meets Tuesday afternoon at the Parish House for the second lesson on "Finishes", Mrs. Bassett and Mrs. Canfield, leaders.

Mr. and Mrs. Lowell Grantier are the happy parents of a daughter, born in Tullar Hospital in Wellsville.

Pfc. Merle Shutt returned home Sunday, discharged from the U. S. service.

Buy all the bonds you can. Keep all the bonds you buy.

USE **666**

COLD PREPARATIONS

Liquid, Tablets, Salve, Nose Drops

Use Only as Directed

The TERRA COTTA SHOP

Alfred, N. Y.

**GIFTS**

IN GREAT VARIETY

WIDE PRICE RANGE

Hours

Week Days 10 to 12 A. M.

2 to 6 P. M.

Sat., 10 to 12 A. M., only

Sun., 2 to 6 P. M. only

# CHURCH SERVICES

**SEVENTH DAY BAPTIST**

**Rev. Walter L. Greene, Pastor**

Sabbath services at 2:30 p. m. Sermon by the pastor. Subject: "The Cup of Thanksgiving." Ps. 116: 12-14. Matt. 26:27.

Bible School at 3:30 p. m. Clifford T. Burdick Supt.

Union Thanksgiving services in the Methodist Church, Wednesday evening at 8 o'clock. It is hoped there will be a good attendance.

It is a great thing to be content with God's promises.

Uprooted wrong must be supplanted with right.

No type of sin is unconquerable.

Jesus gives purpose to life.

**CHRISTIAN AND MISSIONARY ALLIANCE**

**Rev. William D. Carlsen, Pastor**

Thursday, 7:45 p. m. Thanksgiving service: Speaker, Rev. Chas. Olenhouse. Subject. "A Spiritual Feast."

Sunday: 10:30 a. m., "Will People Perish?"

11:30 a. m., Sunday School.

7:45 p. m., "Life With a Future."

Services in charge of Rev. Olenhouse, former pastor.

**BAPTIST**

**Rev. Eugene W. Hoyt, Pastor**

Morning service, 10:30.

Sunday School, 11:45.

Christian Endeavor, 6:30.

Evening service, 7:30.

The Tuesday night Bible Class will be held in the parsonage at 8 o'clock.

The Union Thanksgiving Service will be held in the Methodist church. Rev. Walter L. Greene will be the speaker of the evening.

The annual fair will be held December 3rd at the Odd Fellow hall.

**FIRST METHODIST CHURCH**

**Rev. W. D. Shearer, Minister**

Union Thanksgiving service in the Methodist Church Wednesday evening.

Sunday Services as usual.

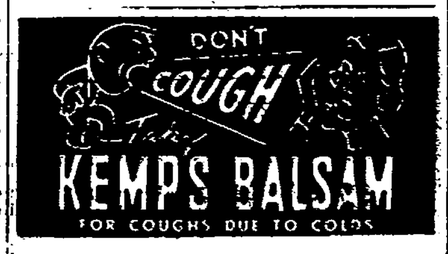
**PRESBYTERIAN**

**Rev. A. N. Rogers, stated supply**

10:30, Morning worship.

11:45, Sunday School.

Choir rehearsal Tuesday evening.




Special Sale on

**Hats and Dresses**

A nice selection of Felt Hats and up-to-the-minute Dresses is being offered to the public at SPECIAL PRICES.

COME IN AND SEE THEM!

**McLaughlin Millinery**

## HI HERALD Continued

"Irish Eyes are Smiling" — Pat Joyce.

"Spellbound" — Vic is when Marg comes home!

"The Clock"—moves too fast between periods.

"Lost Week-end"—when one doesn't find a new girl friend or boy friend! ! !

"Thrill of a Romance" — ask anyone in love! ! ! ! !

ACS

## Physical Fitness Index

Many people are wondering what we mean here at school when we say John's Physical Fitness Index is 100.

When school opens in the fall and before it closes in the spring a group of tests are given. They are as follows:

(1) Lung capacity; (2) grip in both right and left hands; (3) back strength; (4) leg strength.

These tests are computed in pounds. Then we have the students do pull-ups and push-ups. All of these added together and used in a formula with a boy or girl's height and weight, we can determine to a certain degree a pupil's strength and large muscle activity. Then with the use of a chart that has been set up to cover all pupils whose ages range from 11 to 21 and whose weight is from 60 to 200 pounds, we can determine a normal strength index.

For an example we will take a boy in seventh grade. He is 12 years old, weight 67 pounds and 55 inches tall. His normal strength index (taken from chart) is 575 points:

Lung capacity, 118 cu. in.
Grip, right, 50 lbs.
Grip, left, 50 lbs.
Lift, legs, 100 lbs.
Lift, back, 240 lbs.
Pull-ups, 8; push-ups, 1 equals 9 or 18 points.
Arm strength, 18.

Strength Index ----- 576 points
Normal strength index 575 points
Physical Fitness Index 100 points

By dividing the strength index by Normal Strength Index we get Physical Fitness Index.

Since large muscle activities improve general physical fitness and since strength is increased as a consequence of large muscle activities, it follows that a measure of the condition of the muscles is also a measure of the condition of the vital organs. If a boy or girl is way below his normal strength index, we know that that boy or girl needs special attention and if way below he should receive a thoro medical examination. While the boy above the normal does not need the ordinary routine exercise.

Our intramural teams have been picked from the results of our physical fitness tests and it will be interesting to watch the results of the different teams.

ACS

**Me Too**

I would I were beside the sea
Or sailing on a boat,
With all the things I've got to write
Wrote.
I would I were away from town
As far as I could get,
With all the bills I've got to meet
Met.
I would I were out on a farm
A-basking in the sun,
With all the work I've got to do
Done.

**Give Stationery . . .**

**. . . For Christmas**

A Lasting Gift!

For that boy or girl in the Service or for that friend right here at home.

Boxed 100 sheets, 100 envelopes

**$2.25 up**

with your name and address or name and insignia of the branch of service you are in.

The Andover News

**WESTERN AUTO STORE**

NEW ITEMS IN STOCK

GASOLINE LANTERNS

SET of 5 BOX-END WRENCHES

ELECTRIC SOLDERING IRONS

24-26 and 28 in. BIKE TIRES

BIKE LITE

GENERATOR SETS

—also—

SHOTGUN SHELLS and HUNTING KNIVES

**SPECIAL**

**2 GAL. MOTOR OIL**

**95c**

(Bring your own container)

**WHITAKER'S**

ATLANTIC SERVICE

Andover, N. Y.

Phone 796

**THE ANDOVER NEWS**

Published Weekly by
THE NEWS PRINTING HOUSE
Claire C. Backus, Editor

ANDOVER, N. Y., NOV. 22, 1945

Entered as second-class mail matter, under Act of Congress, at the Post Office at Andover, N. Y.

# CLASSIFIED Advertisements

**FOR SALE**

FOR SALE: — Two building lots on Dyke street. Lyle Hunt, Greenwood street, Andover. 47p

FOR SALE—Lady's coat, like new, worn very little, all wool, fur collar, size 16; lady's black seal coat, size 14, one size 38, both like new; lady's box coat, size 18; also child's coat, size 11-12 years.—Mrs. Leo McAndrews.

**WANTED**

SALESMAN WANTED — We have an unusual opportunity for an aggressive man with sales ability. Excellent commission and bonus. Exclusive territory. Write to 1016 Temple Bldg. Rochester, 4, N. Y.

WANTED TO RENT—Furnished or unfurnished house or apartment from Dec. 1st to April 1st. No children or dogs.—Duke Gray, Box 349, Andover.

# ANDOVER DIRECTORY

**MULHOLLAND'S FUNERAL HOME**
Calls promptly attended
DAY OR NIGHT
**Ambulance Service**
Telephone 376
James Mulholland, Manager

**O'LAUGHLIN FUNERAL HOME**
R. J. O'LAUGHLIN, Mgr.
**24-Hour Ambulance Service**
Phone 145

**ANDOVER LODGE No. 558 - F. & A. M.**
Meets First and Third Monday evening of each month, 8 p. m.
Visitors Always Welcome
Everett N. Clair, Master
Howard Burdick, Secretary

**ANDOVER LODGE No. 786 - I. O. O. F.**
Meets Every Tuesday Evening
Donald Kemp, Noble Grand
Francis Vickers, Secretary
Visitors always cordially welcome

**And-Well PRODUCERS Co-operative, Inc.**
Harry Baker, President,
Carlton Greene, Vice Pres.
H. W. Jackson, Secy-Treas.
Meetings held each third Saturday of every other month.

**ANDOVER DAIRYMEN'S LEAGUE**
Co-operative Association, Inc.
C. A. Robinson, President
Francis Mead, Vice-Pres.,
Harry Smith, Secretary.

**The Burrel C. Williams Insurance Agency**
Fire, Theft, Property Damage, Liability, at new low rate.
20% Dividends returned on Liability Insurance.
Elm Street - Phone 349

**RETA K. STEARNS**
INSURANCE
Firemen's and Associated Companies.
CAN WRITE ANY KIND OF INSURANCE POLICY

**ANDOVER GRANGE**
NO. 1098
Meets 2nd and 4th Wed. evening
Earl Atwell, Master,
Edna Burdick, Lecturer,
Nellie Greene, Secretary
Visitors Always Welcome

**HENRY STEPHENS INSURANCE AGENCY**
INSURANCE OF ALL KINDS
25 First Class Companies
Efficient service - Established 1903
Phone 547 - Andover, N. Y.

**Order FLOWERS Here**
Baskets - Sprays - Plants
Cut Flowers
Also Telegraph Orders
**H. H. GOODRIDGE**
Phone 258 - Andover

**GILKES DAIRY**
A. T. GILKES, Prop.
MILK AND CREAM
Phone 303 - Andover, N. Y.

**R. J. SOOTHERAN**
Attorney and Counselor at Law
All legal business receives prompt attention.
Hours: 9 to 5
Phone: Office 77; Res. 7138

**S. B. SCOTT, M.D.**
Office: East Center St., Andover
Hours: 1-3 and 7-8
Thursday and Sunday by appointment.
Telephone 2106

THOMAS M. LYNCH POST 397
**AMERICAN LEGION**
Meets 2nd Thurs. of each month
CARLYLE MYERS, Commander
All World War II Veterans invited to attend meetings.

**THE ANDOVER NEWS**
STATIONERY
CHRISTMAS CARDS
WEDDING ANNOUNCEMENTS
All Kinds of Commercial Printing
Telephone 242