

THIS WEEK IN ALBANY

Albany, July 8.—Further proof that he is one of the most energetic chief executives in the history of the state was offered during the last week by Governor Herbert H. Lehman.

Despite the heavy pressure of official business, the Governor tossed the full weight of his prestige into an attempt to prevent a strike in New York City's gigantic garment industry, a move which would close up 2,000 establishments and throw 40,000 workers out of employment.

The Governor invited representatives of labor and the manufacturers to come to Albany for a conference, asserting that a strike would be a "great tragedy."

His initial efforts were crowned with success. The unions called off a strike referendum, scheduled for last Tuesday, and agreed to wait until they received a list of recommendations from the chief executive.

Governor Lehman's action was highly significant. It came at a time when Republican orators are roaring thru the state, belaboring the executive and all things Democratic. Instead of devoting his time and energy to answering these various charges, the Governor calmly turned his back on politics and plunged into the trying task of keeping men and women at work.

It was a refreshing change from political speeches.

Those who follow the public prints and the recording therein of summer political gymnastics were interested to read recently an announcement from Republican State Chairman Melvin C. Eaton that he will seek re-election next year "in order to stay on the job during the Presidential campaign of 1936."

The weekly Republican letter of last week refers to the episode as follows:

"Several incipient booms for ambitious successors to State Chairman Eaton when his term expires next year were roughly quashed last week when the Norwich leader announced he would seek re-election."

Just like that Chairman Eaton announces he is a candidate for re-election and the opposition fades into the ground. What power!

And yet, according to word trickling into the Capital from various parts of the state, Chairman Eaton may have a bit of trouble winning another term of office. The "incipient booms" are not quite "quashed." There are a great many Republicans who believe that the state chairmanship should cease to be the plaything of millionaires and be turned over to some member of the party who realizes that the creed which killed G. O. P. chances in New York State must be changed if the party is to come back.

Mr. Eaton has given no indication yet that Old Guard policies are a thing of the past in his mind and in the conduct of the campaign which he is leading.

Those close to the situation are convinced that Chairman Eaton is thru unless, by some miracle, the Republicans regain control of the next assembly. His most likely successor seems to be State Senator Joe R. Hanley, of Wyoming county. Of course the senator is not a wealthy man, but the regimes of the very rich W. Kingsland Macy and Melvin C. Eaton have not been crowned with major success.

Another veteran Republican legislator, Assemblyman Fred L. Porter of Essex county has announced that he will not seek re-election. Mr. Porter did not seem to be enthused over the manner in which the G. O.

P. minority was led during the last session. He took virtually no part in debate. Announcement of his approaching retirement opened the doors to a flood of Republican candidates for the nomination. Seven or eight propose to battle it out in the primaries.

New York State's election machinery is turning over already for the fall elections. July 2nd was the initial date for signing petitions for public office and the boys will be busy from now on. The air will be blue with political speeches: The party that's in will be linked with Satan and his imps while the out will promise the moon to the electorate. It is amazing how much of this summer shouting passes in and out of the ears of the voters, who are more interested right now in the nearest beach than in the best efforts of the silver-tongued orators.

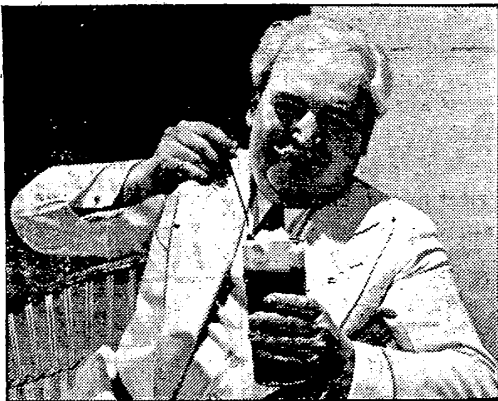
Speaker Irwin Steingut of the Assembly is one of the cool veterans of politics who realize that premature campaigning is so much water poured over the Sahara Desert. The speaker was here last week. Newspapersmen flocked to his office for a bit of news. It was an excellent opportunity for Mr. Steingut to expound some Democratic politics, but he refused to do so.

"We'll have plenty to say when the time comes," he explained. "Frankly, we are waiting for the Republicans to show any flaws in the legislative program enacted last winter. That will be our platform and there has been nothing said yet that requires the effort of an answer."

Lester W. Herzog, federal works progress administrator for New York State, let it be known today that the cities are not to have a monopoly on the immense number of jobs which will be provided in the very near future.

"We are giving as much thought to the problems of the small counties, their villages and towns, as we are to those of the cities," said Mr. Herzog. "My job is to relieve unemployment wherever it exists. For that reason we will offer the same consideration to a hamlet as to a city."

George Rector Says, "When the Weather Is Hot, Give Me Iced Coffee."



By Sarah Blackwell  
WHEN George Rector says something is good, it leaves no room for doubt, for his name and good food are linked in the minds of all fine cooks.  
So I think you will be interested in a conversation I had with him on the subject of cool, refreshing beverages for summer.  
"All people and all nations have their favorite beverages," he said, "and these they drink, not because they are thirsty necessarily, but for sociability's sake. Most of the wit and wisdom of the world has been said when civilized beings were gathered before cups or glasses.  
"Cups are all right," he continued, "while the weather is cool, but when it grows hot give me a glass and in the glass let there be iced coffee."

A DISH FOR THE WEEK

Jellied veal is recommended as an appetizing meat for any picnic, especially in very hot weather when even a camp fire seems unpleasant.

Jellied Veal  
One knuckle of veal  
One-half onion  
Few slices of carrot  
Stalk of celery  
Salt and pepper to taste.

Place the veal in boiling water, and let it simmer until it is tender, together with the carrot, onion and celery. Remove the veal from the liquid and cool both. When the meat is nearly cold, remove it from the bone and cut it into tiny cubes, or chop it fine. Skim the fat from the broth, reheat the liquid and stir the veal into it, adding the salt and pepper and other seasoning, such as lemon juice or cloves, if desired. Place the hot mixture into a mold, cover it with a buttered paper, place a weight on it and let it stand until set. Serve it cold, in thin slices.

Jellied veal, potato chips, tomato, lettuce and onion salad with French dressing, mixed on the picnic ground—whole wheat bread and butter or jelly sandwiches, strawberries and cream and cookies; and cocoa for all or coffee for the grown-ups, is a picnic menu suggested by the New York State college of home economics. For the baby, omit the potato chips and French dressing.

"We are giving as much thought to the problems of the small counties, their villages and towns, as we are to those of the cities," said Mr. Herzog. "My job is to relieve unemployment wherever it exists. For that reason we will offer the same consideration to a hamlet as to a city."

Births

July 3.—To Mr. and Mrs. William H. Horn of Wellsville, a son, Frederick Jarvis.

Marriages

June 27.—Miss Frances Ellis of Belmont and John Robison of Andover.

June 27.—Miss Martha McCall and Robert Bliss, both of Rushford.

July 1.—Miss Eunice F. Smith of South Cuba and Theodore S. Harrer of Troy, Pa. They will reside at Claymont, Del.

June 27.—Miss Jennie Pettit of West Clarksville and John Carter of Olean.

July 1.—Miss Gladys L. Brown of Friendship and Ellsworth L. Brown of Great Valley. They will reside at Great Valley, where Mr. Brown is principal of the high school.

July 4.—Miss Dorothy Foster of Willing and Lester Harris of Independence. They will reside at Beech Hill.

June 27.—Miss Cecile M. Compton and Edgar W. Woodard, both of Friendship.

Deaths

July 3.—Mrs. Florence Thayer died at her home in Belfast.

June 27.—George Osmin, well-known resident of Cuba, after a long illness. Mr. Osmin was born in Cuba in 1851. A daughter, four sisters and two brothers survive.

July 3.—George H. Warfield, 39, of Scio. Born near Greenwood. Three sons and four daughters survive.

July 5.—John H. O'Connor of Wellsville, aged 52 years. Born in Ireland, he came with his parents, Mr. and Mrs. Timothy O'Connor to America at the age of one and one-half years. His wife, son, a daughter and his parents survive. Also four brothers and a sister.

July 6.—DeWilmort Horton of Alma died at Jones Memorial hospital, Wellsville, where he had been a patient for five days. Deceased was born in Horton, N. Y. in 1864. He leaves four daughters and two sons. Interment was made at Elmira.

July 5.—Mrs. Susan Kelley, aged 48 years, of Whitesville, died at St. James Mercy hospital, Hornell, after an operation for cancer.

Notice of On-Premises License

NOTICE is hereby given that License No. B13035 has been issued to sell beer at retail in a restaurant under the Alcoholic Beverage Control Law at South Main Street, Andover, Allegany County, New York, for on premises consumption.  
W. and M. LAUTERBORN,  
South Main Street,  
Andover, N. Y.

Notice to Creditors

SURROGATE'S COURT: County of Allegany: In the Matter of The Estate of William F. O'Connell, Deceased.

Pursuant to an order of Hon. Walter N. Renwick, Surrogate of the County of Allegany, notice is hereby given to all persons having claims against the Estate of William F. O'Connell, late of Andover, N. Y., deceased, to present the same with proper vouchers thereof to the undersigned Administrators of said Estate, at the Office of The Andover National Bank, in the Village of Andover, N. Y., on or before the 29th day of November, 1935.  
Dated May 21st, 1935.

ANDREW D. FULLER,  
MINNIE O'CONNELL,  
Administrators

The clothes moth larva begins to feed right after hatching and because its skin is transparent it becomes the color of its food.

Idea That Milk Is Fattening Is Exploded By Experience

Milk Needed In Every Reducing Diet To Protect Health, Says Commissioner

By PETER G. TEN EYCK  
Commissioner, Department of Agriculture and Markets  
Albany, New York

THE theory that milk is fattening, and therefore, not a good food for those who are endeavoring to reduce, has been exploded by the experience of those who follow correct reducing diets.

Milk is fattening only when it is added to an already ample supply of other fattening foods. Protein, the largest constituent of milk, forms muscles and lean flesh. The usual amount of fat in milk is but three and one half per cent which has little effect on the weight of the steady consumer. The remaining milk constituents, calcium, phosphorus, and other minerals, are bone and teeth builders.

Why We Get Fat  
Foods do not usually fatten to an extent greater than the amount of energy they contain. Foods that are high in starches and sugars are high energy foods. If we eat large quantities of such foods, we are apt to consume more energy than our body requires. Nature then stores this energy in the body in the form of fat and thus we grow fat and gain weight. Nature has provided us with this ability to store fat, in order that we may have a reserve of energy stored for times of food shortage,

but in this day and age with the average person such times never come. Hence the fat is stored permanently.

The process of reducing should be done under competent medical advice. It should not be done too rapidly and the diet should be balanced and contain all of the essentials in adequate quantities for health or there is danger of injury to health.

Milk and Reducing  
Milk is an important part of the food, not only because of the constituents which help balance the diet, but because of its vitamins which protect the body from deficiency diseases and possible weakening of the body that may come from the restricted diet.

Therefore, a reduction diet should contain daily at least a pint or if possible a quart of milk. It should also contain plenty of fruits, especially tomatoes, bananas, oranges, apples and leafy vegetables. These are the pricier foods, and therefore most important in a reducing diet.  
A booklet entitled "Slimming Safely" by Dr. Shirley W. Wynne, former Commissioner of Health of New York City, may be obtained free by addressing a postal card to the Consumers' Information Service, Department of Agriculture and Markets, Albany, New York.



GET RESULTS YOU WANT WITH THESE ADS NOW

BIG NEWS! A NEW SUBSCRIPTION OFFER THAT BRINGS YOU MANY NEW MAGAZINES TO CHOOSE FROM. THE BIG 3 OFFER

THIS NEWSPAPER 1 FULL YEAR AND 3 OF THESE FAMOUS MAGAZINES! CHOOSE 2 MAGAZINES IN GROUP A 1 MAGAZINE IN GROUP B 3 IN ALL \$2.50

MAIL THIS COUPON NOW! This Offer Fully Guaranteed. All Renewals will be Extended. QUOTATIONS ON MAGAZINES NOT LISTED SENT ON REQUEST

THE HOUSE OF HAZARDS By Mac Arthur

Comic strip panels showing Mrs. Hazard and Little Harry. Mrs. Hazard asks how the family is, especially Little Harry. Little Harry replies he's in the next room but not so little.

Comic strip panels showing Mrs. Hazard and Little Harry. Mrs. Hazard asks if it's good to see him. Little Harry replies he's still bashful but where are those curls? Mrs. Hazard says she'll look at him. Little Harry says he looks like the Hazard side Mrs. Outh?