RAIN SCHEDULE eptember 30, 1934 West Bound 9:22 A. M. -10:42 A. M. -5:42 P. M. ___Stop

West Board C. Cachber | Part of the property o nasium of Belfast High Schooil opened and dedicated with appriate ceremonies. The parents friends of the school were induced to be present. Belfast is now be congratulated upon having it is generally claimed one of the st and best equipped gymnasiums Allegany county.

aple Syrup

Time to get your 1935 dog and unting licenses.

"Be not merely good—be good for omething."—Thoreon.

John Diffin is reported till at his ome on West Greenwood street.

Lynn Mattison is reported very lilhis week at his home in Elm Valley with the grippe.

Buy advertised goods and get value for your money.

Mrs. M. A. Orvis is among our residents ill in the village.

Mrs. Mable Wilbur of Scio has a broken wrist, the result of a fall.

Face powder may catch a man, but it takes baking powder to hold him. hunting licenses.
"Be not merely good—be good for something."—Thoreon.
John Diffin is reported ill at his home on West Greenwood street.

LOST-Pin valued as a keepsake Please return to this office and receive reward.

OUR CHURCHES

PRESBYTERIAN

Morning worship at 10:30.
VanHorn of Alfred will preach.
Sunday School at 11:45.

Milk Is Greatest Food Bargain As Prices Of Other Foods Rise

One Quart of Milk Furnishes An Adult With More Than Half A Day's Essential Food Needs

By CHARLES H. BALDWIN Commissioner, Department of Agriculture and Markets Albany, New York

Milk and dairy products are good food buys always, Charles I Baldwis especially because of their superior food value. Milk is the paramount food children must have in order to maintain health and growth Lack of sufficient milk in the diet of children results in bad teeth and soft bones, due to a dedictiony of calcium and phesphorus which milk so abundantly supplies in the hody directly. Milk also supplies the very necessary food elements of iron and copper.

Everybody Likes Milk In addition, milk is a most delicious and palatable drink, and a disclosure which, when mixed with other foods, makes them richer, more tempting and nutritious.

FOOD VALUE OF MILK
Scientific tests have shown that one quart of milk furnishes more than haif the day's easential food needs for a grownup, as follows:

A full day's amount of Calcium

nents in Milk Food Elements in Milk
Milk and dairy products are the
only sources of a peculiarly complete and easily diseased form of
protein. This particular protein is
essential to the growth, health and
life of every body cell. It is an
essential part of all muscle tissue,
a bealt part of all muscle tissue,
a bealt growth from the protein and
selfs a day for every child makes
this peculiar and important type
of protein occasionally and attractively available. Ford Ele

Atoany, New York

As the prices of other foods rise, milk tends more and more to become the most economic vital food elements and because it creates the alkaline residue and it creates the alkaline residue and proportionately with other food groduets. Consequently, milk becomes increasing by the greatest food bargain.

Milk and dairy products are good

Milk is a health protective food because it contains all of these vital contains all of these v

cium Sufficient Vitamin A Sufficient Vitamin G Some Vitamin B

(depending on the individual)

W. R. C. Notice

Edward Seaman, W. R. C., and Andover Juvenile Corps will meet no regular sessions at Legion Hall, saturday night at 6:30. The Juvenile installation of officers will precede a tureen supper, served to all

 Soliciting Your Patronage With

Modern Garage Equipment

Power Car Washing

Heated Car Storage,

Anti-Freeze and Alcohol Modern Wrecking Service

Tire Chains

Storage Batteries

Kruger's Garage

Independence
Morning worship and sermon at 0:30.

Main Street Open Evenings Andover, N. Y.

Sabbath School following the hurch service.

That Ruild Healthy Families! FLOUR 14 hbl. sank



Royal Baking Powder Golden Bantam Corn 🚟 2 🗠 25c

Peaches Calif.--Fair Play Coffee Our Famous Yellow Bag (if you can buy a better coffee at any price, simply tell our manager. He will refund your money and you may keep the coffee.)

Tea Uncolored Japan-Cherry Blossom Pancake Flour Best Yet

Margarine Churn Gold 2 the. 25c Rinso Soap Powder 10. pkg. 22c Evaporated Milk United

FRESH PRODUCE



at. 22c **Brussel Sprouts** Apples Lemons Apples

Don't Forget to Listen to the ANONYMOUS CHEF xcepting Seturday and Sunday from 1:45 Olean Station WHDL for delicious new

Chuck Roast Cholen Hamburg " " Beef Short Ribs

Pork Roast

Oysters

2 the 27c Haddie Fillets

Andover, N. Y. Arling R. Baker -

No. 1 White Rose 90c
No. 4 White Rose 90c
No. 6, Morning Glory \$1.25
No. 7, Morning Glory \$1.35 No. 7, Morning

Heavy Barn Broom
with Rattan Center ... 95c
Whisk Brooms ... 25c
Child's Broom ... 10c
Ordinary House Broom such
as found in most stores ... 39c Nothing Wrong "Did you get home all right last hight, sir?" asked the street car conductor.
"Of course—why not?" came back "Of course—why not?" came back the passenger.
"Well, when you got up to give your seat to that lady last night, you were the only two passengers in the Car."

Rat-Rid-Rat-Nip

Baker's Hardware News

aple Syrup

This is the season when most peolike a little of the real Maple
rup on the table. It is quite
are this winter but Sam Clarke
at Independence brought us in
me put up in pint and quart glass
gs and the quality is O. K., just
you know it would be. Pints 29c
quarts 50c.

A shipment of various sizes
A shipment of various sizes of
rooms has just arrived. The
rooms has just arrived. The
rooms has fillinois Long Broom Corn
hich is the heat broom has been
old from this store for more than
10 years, and we have yet to find
their equal. Come in and buy
a room that will just suit your spesife needs.

No. 4 White Rose 90c

Rat-Rid—Rat-Nip
Cats, dogs and all domestic animals are safe with this preparation,
but it is sure death to rats and mise to pont allow those rodents to mess
up your place and destroy feed, food
and they will die or move out.

-50c per box.
Rat Nip is a poisonous preparation for rats and mice. To clear
your buildings of these peats, use a
variety of baits, flavored with RatNip, and you will be satisfied with
the results. Precaution must be
taken however, to keep your pets
from this projeon, as Rit-Nip
the produce. A few shote of Rat
in produce. A few shote of Rat
voir place and destroy feed, food
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to the results. Precaution must be
taken however, to keep your pets
from this projeon, as Rit-Nip is sure
death to anything that eats of the produce.

A shipment of various sizes of
the rooms has just arrived.

Rat Nija and you will be satisfied with
the results. Precaution must be
taken however, to keep your place
from this projeon, as Rit-Nip
to the results. Precaution for rats and mice.
To the rooms has person for the produce.

Rat Nija you will be satisfied with
the resul

A new shipment of never-slip Horse Shoes just arrived so now the stock is complete in sizes from 3's to 6's inclusive, with calks, punches, extractors and horse nails.

Sewing Machine Supplies

Needles, belts, bobbins, shuttles— for nearly all makes of sewing ma-chines. Also a good gold-eyed hand sewing needle in 10c packages.

How often we hear the remark,
"I didn't know you sold these items"

However, they have always been
a regular item here.

So Surprised

He: "I just got a set of balloon tires." She: "Why, George, I didn't

you had a balloon

Some Vitamin B
Important amounts of Vitamin D
Nearly all the Phosphorus
One-sighth of the Iron
One-firth to one-fourth of
the Energy
(decending on the individual)

One balf of the day's for supply for the price of a singl quart of milk!

mency soft

տ 13½c

™ 21c