### ANDOVER NEWS

PUBLISHED WEEKLY By J. HARVEY BACKUS & SON

OUR KEYNOTE: "If There Is Not A Way, Cut A Way"

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Subscription Rates

The Dramas of Every-Day

if we look at it closely we get wisdom, because we get fortunate people are up against. The other day in Philidelphia a man set out daybreak to look for a job.

He had been out of work for a long time. His slowing down the stomach and intestines, home was a wretched hovel in a back alley. When he be in a pretty bad situation.

than seeing your family starve?

He thought and thought about it; and the longer he thought the stronger grew the attraction of the dark subject of women is that they haven't met the right of your neighbors are right. About actually grew afraid that he would spring on him and take his money.

But he didn't want to be a criminal; so at last he went to a police station, explained things and asked to be locked up-so that he wouldn't commit a crime. The sky is bright again.

But haven't you, just from reading that, a new sympathy for the chap who isn't as well off as von aroll

#### <del>-----</del>0-----Why Nations Fight

"IIHY do men fight?" inquires Charles Milten tion comb, in an article on human psychology. "Because man is a fighting animal!" will be the and she is jealous of her prerogatives. common reply. But that is not conclusive

national fighting is necessarily due to this. There are individuals, he admits, with an inborn disposition to go out and attack other human beings by forgets nor forgives. She rewards loyal service with hardly pays to make soap at home, force. But such individuals are not considered normal. loyalty, but she severely condemns broken faith.

They are usually locked up in jails and insane asylums. It is not normal to fight except in self-defense. Why, dismal failure. then, should nations turn aggressive, when nations are made up of normal persons? Fighting is "anger in action," and the trouble is, calf and tell how many chicken sandwiches it says this authority, that "too often anger is stimulated make.

by artificial means and not for the purpose of defense." He quotes the celebrated social psychologist, Prof. Edward A. Ross, to corroborate his views that pugnacity is not at the root of modern wars, but the commor people are won to support foolish and dangerous ag- lean back and prop their feet higher than their the fat is relatively cool, but not ye' gressions by "politicians, orators, song writers and heads, in the easy, comfortable old American fashion solid, and the lye solution is cold, evoke well-timed outbursts of jingoism."

That was certainly true of the rousing of the Ger- is fitting and not improper. man nation to make war on the rest of Europe. It is

#### A Modern Day Fad

of iron per day, this expert says. If his diet is bal- while they lighted their cigars. anced, this infinitesimal amount will assure the building of adequate red cells and hemoglobin. Since little anyway. And then the menfolk won't be bawled out reserve iron is stored in the body, a lack of this quota any more for their inclegant posture. is quickly felt.

Scientists have agreed that 150 common foods contain an adequate amount of iron. Among the best same temperature the year around. Wonder what the stantly. Dissolve the borax and of these are spinach, green lettuce, eggs, dried apri- natives talk about in the place of the weather. cots, raisins, navy beans, bananas, orange pulp, graham flour, patent white wheat flour and bran flakes. Salt water fish has more iron than fresh water fish. When ing of beautiful autumn, but none of them has ever the juice is squeezed out of oranges, tomatoes or beef mentioned the lowly oyster. the iron tends to cling to the pulp. If we like liver, it is a comfort to know that with

it we are getting insurance against anemia, he con- in trees, which may account for some folks being up a stand in a warm place until it hardcludes. But to make a fad of liver-eating is foolish tree most of the time. and only serves to make the price prohibitive.

#### Carbonated Water

LILDLY carbonated water, such as is served at the We average sods fountain, not only has no harmful effects, but may even be regarded as beneficial to the feathers, all of which would indicate that polly has it is ripened enough for use. general health of the drinker, in the opinion of Dr. never been in politics. Walter H. Eddy, Columbia University health authority. He asserts there is no foundation for the belief that carbonated water is detrimental to digestion.

The mere presence in water of carbon dioxide gas mobile, does not make it harmful. The water then becomes a weak solution of carbonic acid but most health authorities hold that such solutions will not react unfavorably but nothing has been on the intestinal tract and some even find health val-Lues in such modified waters. The acidity makes it more difficult for yeast and molds to develop and the waters self by imagining he is making love to a widow. est a truly destructive action on putrifying bacteria. and clinicians now are using charged waters to lessen and for other purposes,

#### Body Chemical Changes

TO YOU give way to fear, apprehension, or despair When faced with ordinary troubles or emergencies? Do you, on the other hand, flash into anger and want to fight instead of reasoning your way out of small dif-

In the first case it doesn't mean that you are a with the Office of Information (coward; in the second it doesn't mean that you are the New York State Colleges of / naturally brave and aggressive. The explanation ad-riculture and Home Economics simply sick, the chemistry of your body is upset, your farm and home. If you enclose a housekeeping. blood is either too acid or too alkaline.

arating the two is a semi-permeable membrane which What and Why, Room 201, Roberts ' normally permits the cell to draw such sustaining salts Hall, Ithaca, N. Y as it needs from the blood, rejecting injurious matter. But when an excess of sodium or potassium is taken | THE poignant little dramas and tragedies of every-into the body the membrane becomes abnormally per- how to clean an oil painting." day life that go on all about us seldom come to our meable and the cells take in alkaline substances. Con- soap in warm but not hot water. attention. Most of the time we never even know about trarywise, an excess of calcium or magnesium can de- Wash a small portion of the paintthem; but once in a while one pops to the surface—and crease the permeability and give acidity the upper hand. ing at one time and dry that portion

An over-alkaline or over-acid blood stream, in turn at once. Use a soft cloth that a better understanding of some of the things that less affects the involuntary nervous system. A more acid free from lint. When the entire blood increases activity of the vagus nerves which surface has been washed and dried, at stimulate the stomach and intestines but inhibit the go over the picture again with heart. A more alkaline blood stimulates the heart,

Despair and fear are vagus, or acid, types of emo-film that may catch and hold dust, started out that morning he gave his wife 18 cents-tion, and anger and pugnacity are sympathetic, or al-but enough to keep the paint from two-thirds of his entire bankroll. If he did not find kaline types. We feel an emotion more easily in ac-drying and cracking and to preserve) a job that day, his wife and their three children would cordance with the chemical balance of our bodily or- the life and brilliancy of the colors. ganism which gives the emotions obviously a frankly So he went looking for work, with nine cents in materialistic basis. So also typical hysteria cases unihis pocket and a great dread in his heart. He couldn't formly show an over-regulated system distorted to the tion or a method that pays a return find any. Place after place he tried, only to be turned alkaline side, while obsessional, fearful types of mental to the poultryman. My house is down each time. And at last he got to thinking: Why disease show an acid over balance. Hence our emo- wired for electricity but one neighnot try a hold-up or a burglary? Other men do, and tions and mentality are controlled by our chemistry bor says lights in the henhouse are get away with it. Why not? Wouldn't that be better and our intake of specific proteins controls that.

#### Women Are the Buyers

ably, in a year, the average woman makes a thous-It is comforting to read that the policemen took and or more purchases. She buys many different food more food and lay more eggs; more care of him. They made up a little purse for him and products, scores of fabrics and wearing apparel, shoes, than enough to pay for the lights. sent him back to his family. A judge heard of the millinery, toilet articles and many things for her home. Experiments show that a 13 hour To be able to judge the quality of each, she would day does not harm the hen but does have to be a chemist, a metallurgist, an engineer, and increase the number of eggs. a specialist in every line.

She is none of these. So, if she has the choice, tells how to install lights in the she buys the goods she knows rather than those she does poultry house and includes illustra-And she is going to have that choice as long as our automatic controls, and how to man-

present civilization continues, for she is boss of the age the flock when lights are used. home. She governs the merchandise that enters it We are sending you a copy of this The retail merchents who want to win her patron-The writer, admitting the existence of an instinct age must make a bid for it; convince her of their in-

which impels an individual to fight for himself and for tention and ability to give her merchandise of known his group when accasion requires, is not convinced that value; and then live up to the standard they get for For she is a just but ruthless boss. She never pensive soaps, readily obtainable,

A modern food expert is one who can look at a home economics at Cornell Univer-

#### Inelegant Posture

"YGIENICALLY, at least, it is all right for girls to once restricted to men. That is to say, a New York add the lye to the fat, very, very labor board official—a woman by the way—thinks it slowly and gradually, stirring

man nation to make war on the rest of Europe. It is she explains that people who are much on their as honey. Pour the semi-liquid soap feet find relief in raising them up to let the blood flow in shallow boxes of wood or of words, war has become largely a matter of propaganda. the other way. This principle is now being used in in- heavy cardboard, lined with oiled The natural antidote for war is therefore propaganda dustries where women have to stand at their work. paper, and set the soap away to There are five-minute rest periods when the workers are harden and ripen. expected to lie down or recline, with their feet com- Professor Jennie A. Boys of the fortably elevated.

Men seem to have always known this great truth a particularly nice soap for launder-T ONE time "pink pills for pale people" were the instinctively, and acted on it. That is, American men ing fine linens and the like. It calls A heralded preventive for anemia, points out an ex- have. Abroad it is considered extremely vulgar. At an cold water; 5½ pounds of clean fat; pert. Later we were exhorted to eat raisins. Today important international conference in France a couple 11/2 tablespoons of borax; 2 tablethe world eats liver for blood insurance; and, conse- of years ago, the foreign delegates were scandalized spoons of sugar; one-half cup quently, liver prices have jumped into the luxury class. when, at the conclusion of the formal gatherings, the warm water; one-half cup of liquid A normal individual needs only 1-2000 of an ounce American delegates put their feet up on the table ammonia; 2 teaspoons of oil of lay-

Let the women do it if they want to. They will,

Hawaiian Islands are said to have practically the melted, but not hot, and stir it con-

There are a lot of beautiful poems about the com-

America's earliest inhabitants are said to have lived low, oil-paper-lined boxes and let it

The casualty column in the Monday newspapers! should be a reminder that he who drives carefully lives folks use an ice cream freezer for to drive another day.

A London parrot 126 years old still retains its tail It should set about a month before

To some people the great mystery of life is just be used in distilling industrial alcoa curiosity as to how some people can afford an auto- hol.

Very few of the world's great problems are solved by the men who remember their algebra.

### WHAT and WHY?

The Andover News has arranged' you will receive a direct reply

Mrs. D. T. S. asks: "Please tell me piece of flannel moistened with 'good grade of linseed oil. use enough oil to leave a noticeable Lights for Hens

Messaggero, Rome. B. P. K. asks: "Is the use "just foolishness" and another says good poultrymen use them regular-12 or 15 years ago it was said that poultrymen installed lights + their hens to lay two eggs a day and then lights for hens were considered O THOMEN are the buyers of the nation. Very prob- a joke. In recent years lights are jused to lengthen the hen's day, and, 1

> The free Cornell bulletin E-90. tions to show the proper way place the lights, the size of wire, |bulletin which has guided thousanda| of poultrymen in installing lights

Soap Making at Home Mrs. E. B., Long Island, asks: ["Could you give me a good soap] recipe for making soap at home?" In these days of pure and inexespecially if one used the old-fash-Her favor is the road to success; her indifference, ioned method of leaching the lye from wood ashes. However, can be made at home and here is one

> Dissolve one pound of lye in three pints of cold water. In dissolving, the lye heats the water, so set the mixture away to cool. Melt five and one-half pounds of fat and stir into mixture constantly, and continue to

> college has a formula which makes

Pour the lye carefully into the cold water and stir it in with a wooden spoon until it is fully dissolved. When this mixture has cool ed, pour in the fat, which should sugar in the half-cup of warm water. and add this to the soap mixture keeping up the vigorous stirring Then add the ammonia and lavender (oil, and continue the beating until the mixture has the consistency strained honey. Pour it into shal-

ens. But before it gets too hard, at the soap into hars by using fine wire. A mechanical beater is a great help in making soap, and some the purpose. This formula makes seven or eight pounds of dry soap.

Porto Rico ships nine-tenths its molasses to the United States to



Imagination Goes Far

we may become with the experiences opened of their own accord; windows rattled; vapors of unknown source moved here and there; now and then the strains of music, or of shrill whistling were heard. These experiences

\$1000.00 in cash prizes and one thore and other prizes are offered for were so alarming that next day the I trembling pair sought the aid of the

ually saw a weird shape floating about to be compared with nothing he had ever witnessed before. Which all goes to prove that superstitions, if not natagious, and may be acquired and entertained even by the most staid and MAGAZINE unimaginative of the population.--Il

#### BAD ENOUGH AS IT IS





DEL MONTE COFFEE . 1 lb. tin 29c 16 oz. jar 17c CAMPBELL'S BEANS 2 tall cars 9.

The Andover News

ANDOVER NEWS, ANDOVER, N. Y., FRIDAY, SEPT. 9, 1982

# The Hillerald

ANDOVER, N. Y., SEPT. 9, 1932.

THE FACULTY

D. Perrone

Editor-in-Chief CONRAD F. CHURCE Associate Editors

Pope, Francis Cable.

with no other tools than a jackknife. mantion. In case of the deplicate prime will be

1 300 Ent Cutate Street GHCAGO, ELL





APRICOTS 2 b. 25c

SUNNYFIELD OATS 2 Ige. pkgs. 29c

RYE BREAD 16 OZ. ŁOAF 4 SPREAD RAJAH SANDWICH 2 half pint jars 25c F OUR OWN TEA HALF POUND pkge, 19c 7 MELLO WHEAT CEREAL pkge, TOc 2 pkgs. 27c CAKE FLOUR SWANSDOWN pkge. 23e CRANDMOTHER'S 4 lb. sack 10c GAUZE TISSUE 4 rolls 19c LUX FLAKES large pkge. 23c OCTACON SOAP giant size 4 bers 19c

QUICK ARROW CHIPS SUNBRITE CLEANSER

| We already have? Why not have

Wisner Cook, Philip Lynch, year? Come on, let's help every- platform laid over this and blindfold-Robert Joyce, Ruth Walton, Helen thing be a success, which can only ed. First he is shaved by the barber, be done by all taking part:

ROARD OF EDUCATION

Lloyd Sly, Roger Tuttle,

tificate or its equivilant.

ADMISSION TO CLASSES

Freshman Class-Preliminary cer-

Sophomore Class—English I., plus

of the town.

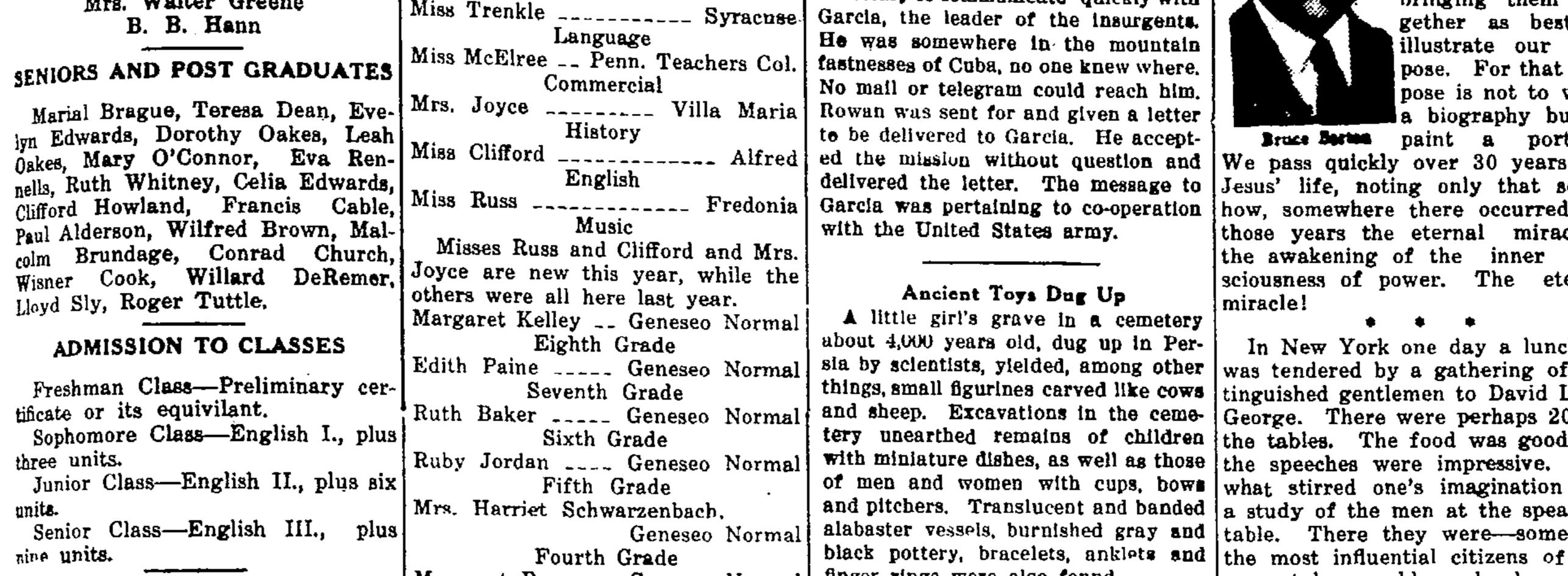
that many began to look forward

ndover High School, five years

Junior Class-English II., plus six

Brundage ----- President Baker \_\_\_\_ Secretary Robert B. Hardy \_\_\_\_ Cornell Mrs. Sara Cannor Mrs. Florence Earley Mrs. Walter Greene B. B. Hann

Marial Brague, Teresa Dean, Eve-1 , Edwards, Dorothy Oakes, Leah nells Ruth Whitney, Celia Edwards. Clifford Howland. Paul Alderson, Wilfred Brown, Mal-



Football, basketball, track, base- | ter. It was formerly the custom to

ball, glee club, orchestra, Hi Herald. attach the victim to a rope and dip

Senior Class-English III., plus | Margaret Beman \_ Geneseo Normal | Third Grade Dorothy McLaughlin \_ Gen. Normal' Will Andover High School be rep resented by a football team this First Grade 

Convincing Atterney suits, a team was organized, coached son arrested for stealing chickens and stand. Jude protruded his chest, struck a Nanoleonia attitude, and with a deep

voice asked. "Mr Rost, will you be the team had graduated, Andover scored for the first time against dury where you were on the night we stole those chickens?" The jury was out five seconds "East Side" and "West Side" met Atchison Globe. in a series of games. So much ma-"Veritable Calvados"

less than 25 boys will be out for the little place to make their devotions including Wellsville. | walks and many an hour can be spent

Rain fell recently on the nitrate are 22, 1788. opponents are weaker. Andover will pampas of northern Chile the first be stronger. Why not use the suits | time in 15 years.

"Crossing the Line" will be. Here's to a football team razor and tub.

> Message Made History When war broke out between Spain . Alfred and the United States it was very necessary to communicate quickly with 4 Garcia, the leader of the insurgents. He was somewhere in the mountain fastnesses of Cuba, no one knew where. . No mail or telegram could reach him. ' Villa Maria Rowan was sent for and given a letter delivered the letter. The message to Fredonia | Garcia was pertaining to co-operation

then plunged backward into the wa- '

Ancient Toys Dug Up A little girl's grave in a cemetery

sla by scientists, yielded, among other was tendered by a gathering of dis- where, at some unforgettable hour, over the effects of your, possibly, things, small figurines carved like cows tinguished gentlemen to David Lloyd the daring filled Jesus' heart. He life-saving operation. and sheep. Excavations in the ceme- George. There were perhaps 200 at knew that he was bigger than Naz- If you have had a capital operatery unearthed remains of children the tables. The food was good and areth. of men and women with cups, bows what stirred one's imagination was and pitchers. Translucent and banded a study of the men at the speakers' with the dead in ancient China. alabaster vessels, burnished gray and table. There they were—some | black pottery, bracelets, anklets and | the most influential citizens of finger rings were also found.

Medieval Churches

and is said to be one of the oldest the center, the boy who grew up in world. nothern Germany

Well-Watered Country In Venezuela rainfall varies from less then one inch a month in the dry season to as much as five inches a month in the rainy season. In addition Venezuela is particularly well en- II dowed with rivers. The country has more than 1,000 rivers. About 250 ' rivers empty into the Caribbean sea. while some 200 flow into Lake Maracalbo. Included among its streams is the Orlnoco, one of the great rivers of

Secretary of Congress In the Continental congresses there was one official, called the secretary of the congress, as the Continental congress was a unicameral body. Charles Thompson of Pennsylvania acted in this capacity throughout 1 sessions in eight cities and under 14 presidents of the congress. He served | from September 5, 1774, until Janu-

Read the Classified Ads.

## THE FIRST DAY OF SCHOOL



# · · writes of THE MASTER EXECUTIVE

Supplying a week-to-week implication for the heavy-burdened who will had every burdened tree paralleled in the experiences of "The Man Nobody Knews."

We shall thread our way back and of them that he was larger than the life, picking up this er's?

We pass quickly over 30 years of Nature. Jesus' life, noting only that some-

At one end of the table an inter-Inational financier—the son spite of the common impression that great newspaper proprietor—he came of the United States is the Hessian the German capital is a comparative. from a tiny town in Maine and land-filv, which also attacks barley an ly young city. The youngest of the ed in New York with less than a live. This church was erected by Franciscan press association—a copy boy in a opened in England are asserted country newspaper office. And, in be the finest of their kind in th

How many of the following things lined with canvas and filled with water angels at Bethlehem and ends with the weeping of the women at the long quiet evenings, did the auda- before you had the disease requiring cious thought enter the mind of each the surgery.

pose. For that pur- All we can be sure of is this—that

Mirrors were frequently buried cable message has been

The most injurious insect known Beside him alto the winter wheat growing region

New laboratories for milk research

The January

AFTER OPERATION Removal of tumor? Of the appen-

morning, in the afternoon, in the tion for a good while as they did long quiet evenings, did the auda- before you had the disease requiring I often tell my patients that have forth thru the rich limits of a country town, that his had operations: "Let a mechanic variety of Jesus' life might be bigger than his fath. stoop down before your plane and saw a hole in its "abdomen." le incident and that Likewise, when did the thought him go inside the instrument and bit of conversation, come to Jesus? Was it one morning remove part of the wires, and twist this dramatic con- when he stood at the carpenter's the others here and there. Then let tact and that auda- bench, the sun streaming in across him fill the wound in the wooder cious decision, and the hills? Was it late in the night, wall and varnish it anew, so that all bringing them to-after the family had retired, and he evidence of the job is hidden. Would gether as best to had slipped out to walk and wonder you expect the piano to play, after llustrate our pur-under the stars? Nobody knows, the internal damage to its strings?" a biography but to must have come to him in a time of inally adjusted far more perfectly

Bruce Berties paint a portrait. solitude, of awe in the presence of than any piano-strings. You may I have had the best surgeon on earth for a most malignant The western hemisphere has been the operation may have been done those years the eternal miracle—| fertile in material progress, but the in the highest skill of perfection the awakening of the inner con-great religions have all come out of yet the damaged nerves may not sciousness of power. The eternal the East. The deserts are a symbol perform naturally for a long time. of the infinite: the vast spaces that | until the parts have become adjust-In New York one day a luncheon human soul with wonder. Some- yourself a few months time to get

> tion and yet have a quarrelsome belly, for goodness sake let up on your carpet-tack diet of "roughage." Eat soft, easily-assimilable, nourish ing food-the kind that builds breaking time of five and one-half your bowel rest from the rough stuff -try smooth stuff.



The Andover News



## There May Be a Difference of Opinion on Some Subjects!

Some people believe this way and some people that way, but all will admit that selling an idea is usually more difficult than selling a commodity—and especially is it easier in selling the commodity, if advantage is taken of the modern, the economical and the quickest method. That method is in the use of advertising space in the Andover News. Whether you are a merchant or a citizen, when you want to buy or sell, trade or lease, rent or find a commodity, read and use the advertising columns and let people know of your needs or offerings.

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