P. R. R.

			STATIONS		
			Owego	7 00	3 40
			Tyler	7 06	3 46
			Woodville	7 10	3 50
			Rose Lake	7 15	3 55
			Andrews' Settlement	7 19	3 59
			Gillespie's	7 22	4 02
			Lindsays	7 25	4 05
			Gates	7 31	4 11
			Peyserville	7 35	4 15
			Clarksville	7 39	4 19
			Whitesville	7 46	4 26
			Edward's Crossing	8 00	4 38
			Barrows' Run	8 05	4 43
			Dexter	8 08	4 46
			Rough & Ready	8 13	4 51
			GREENWOOD	8 20	4 58
			Norton Hollow	8 27	5 05
			Bennett's	8 33	5 11
			Trout Run	8 37	5 15
			Canisteo	8 43	5 21
			Erie Junction	9 00	5 40

AMONG OUR NEIGHBORS.

GREENWOOD.

We have used up our sleighing.

Winter has let up to get a new hold.

Mrs. Dr. C. F. Smith is on the sick list.

Albert Perry of Troupsburg Center was in this city Wednesday, making a call at this office

Hon. M. F. Smith of Hornellsville was in town Friday on business.

Mrs. Edgar King is going to move into her house on Christian street.

Mrs. Stephens of Gould is visiting her sister, Mrs. B. Young.

Mr. Ordway has moved in the Adelbert Miner house on Fenton avenue.

J. B. Woodbury, Esq., of Hornellsville, was in Greenwood Tuesday on business.

George Prentice of Troupsburg was in town Thursday, calling at our office.

Claude Blowers and wife of Corwin Hill and Mrs. L. W. Brundage of Andover visited at D. Parshall's Friday.

In last week's issue it should have stated that Lena Shaut instead of Lena Goldsmith, visited at Mrs. Gilbert's in Elmer.

Daniel Brown, one of the oldest and most respected citizens of our town, died at his home on Saturday, at the ripe age of 77. He was buried Monday from St. Mary's Church at Rexville.

The engine of the freight on the N. Y. & P. left the track near Strait's mill in Canisteo, Thursday evening, delaying the west bound passenger train nearly three hours.

We learn that Peter Bishop of Troupsburg died at his residence Jan. 2d, and was buried on the Thursday following, aged 77 years.

Mrs. Leroy Smith visited the family of Chas. Smith in Hornellsville Thursday.

Ed. Scribner and Bert Dennis were at Shingle House last week, guests of Rev. Scribner.

A new conductor on the freight.

Al. Edwards and Fred Miner were in town Monday, and indulged in a game of horse-trade.

Thomas Young and family moved to the Eleven Mile in Pennsylvania, last week.

J. D. Partello and wife of Whitesville and Mr. Couch and wife of Odessa were guests of Mr. and Mrs. E. W. Plaisted Sunday.

Pat. Kernan and Perk Waters are pressing hay in Jasper.

The cheese from the Snyder factory in this village has been sold and is being loaded to-day. We hear the price was 12 cents.

We learn that Editor Fay has sold the Canisteo Times, and is about to retire from the editorial chair. Mr. Fay has given his patrons a good, clean and newsy paper, and has labored faithfully for the upbuilding of Canisteo.

Rosaloo Wyckoff, Esq., of Jasper, was on our streets Monday.

Mrs. George W. Smith has returned from a two weeks' visit to the home of her parents in Friendship, and among friends in Allentown.

Charles Carter and wife are guests of her parents, Mr. and Mrs. John Guyon.

Comfort Stephens is father to a brand new boy, tipping the beam at ten pounds. Paradoxical as it may seem, cash and Comfort go hand in hand.

Rev. and Mrs. J. O. Potter of Young Hickory were in this city Monday.

Week of Prayer at the M. E. church this week.

Ray Sherman, who has been working in the lumber woods near Cuyler for E. V. Dunlevey, returned Monday.

Miner Shaw and wife, Bert Whitman and wife and E. W. Sherwood were guests of H. Gurnsey at Jasper Thursday and Friday.

The red headed young man who bought the red geared cutter of Shaw & Plaisted last week, made the snow tired Thursday. It is a Jim's Dandy.

Emory Chilson and wife were entertained at Mrs. Homer Brundage's last week.

Mrs. B. Young visited her mother, Mrs. John Stiles, on a few weeks' vacation.

Rev. Mr. Scheffer, of the Christian Church, is absent on a few weeks' vacation.

Ben. Burger and wife were in town Sunday, the guests of Mr. and Mrs Sidney Scribner.

Miss Etta Cheesman of Andover visited her brother and sister of this place, last week.

Mrs. Allie Pease visited her sister, Mrs. James Gilbert, at Elmer, returning home Friday.

Mrs. Darius Shaw is at the home of her son, M. Shaw, for a few days.

Mrs. Ella Wescott was at Andover Saturday.

Bert Goff and wife, who have been spending the past season in Montana, returned to Greenwood Thursday.

Reuben Covert was in Hornellsville Saturday.

The dime social, for the benefit of the Christian Church, held at the residence of George Freeland Friday evening, was well attended.

Miss Grace Woolsey of Hornellsville is the guest of Mrs. Dr. C. Smith.

Mrs. Leon Mills returned Monday from Belfast, where she spent the holidays.

Miss Mabel Lewis returned to her studies after a week's vacation among relatives at Sonora.

Jesse Webster and wife visited her uncle, Enos Smith, and family, of Canisteo, Monday.

Miss Mabel Young returned to Lima Seminary Friday.

Miss Mabel Pease, who has been suffering with blood poison, is reported better.

Ellen Young, who has been saleslady at Woodward & Young's through the holiday trade, has returned to her home.

Wallace Knight of Canisteo was calling on former neighbors Monday and Tuesday.

Quite a number of Rexville parties were called over to Bath last week to explain what they know about the Raines law.

Our friend Jack McCormick has got a new horse by way of a swap. The one he had before, was developing too fast a gait for the roads about Rexville.

The fine coasting has been enjoyed by all. It is so good, it is dangerous.

We notice a new engine on the freight. The increase in business made this necessary.

Church Directory.

M. E. CHURCH.

Preaching at 11 a. m.
Class meeting at 12 m.
Sunday School at 12 m.
Junior League at 3 p. m.
Epworth League at 6 p. m.
Preaching at 7 p. m.
Rev. C. E. Sutton, pastor.

UNIVERSALIST CHURCH.

Young People's Christian Union at 3 p. m.

CHRISTIAN CHURCH.

Sunday School at 12 m.
Y. P. S. C. E. at 3 p. m.
Preaching at 7 p. m.

Terrible plagues, those itching, pestering diseases of the skin. Put an end to misery. Doan's Ointment cures. At any drug store.

SCHOOL NOTES.

Our citizens manifest commendable pride in the steady progress of the Greenwood Union School toward the front rank of educational institutions of this vicinity. Last year the school earned at the regent's examinations, seventeen preliminary certificates, five 24 counts, one 86 count and eight 12 count certificates, thereby bringing into the district treasury $100, making $200 from the regents in addition to the public money. The regents have recently raised the school from the Junior to a higher grade. There are at present 25 non-resident pupils in attendance and the number will probably be largely augmented at the opening of next term.

Having a Great Run on Chamberlain's Cough Remedy.

Manager Martin, of the Pierson drug store, informs us that he is having a great run on Chamberlain's Cough Remedy. He sells five bottles of that medicine to one of any other kind, and it gives great satisfaction. These days of la grippe there is nothing like Chamberlain's Cough Remedy to stop the cough, heal the sore inflamed lungs and give relief within a very short time. The sales are growing, and all who try it are pleased with its prompt action.—South Chicago Daily Calumet. For sale by Benedict & Van Noy, Andover, N. Y.

Bennett's.

Rev. Frank Courlett of East Lawrence, Pa., is assisting Rev. Stocum in the meetings here.

J. W. Norton and family spent Sunday at Norton Hollow.

Miss Grace Wright of Canisteo is visiting her sister, Mrs. Kate Crusen.

W. E. Ostrander and wife have returned home after an extended visit in Buffalo.

Miss Maggie Hand visited at C. W. Jackson's last week.

Willie Vanderhoef and wife visited on Greenwood Hill last Friday.

The cottage on the Putnam farm, occupied by Mrs. Stephens, caught fire Saturday. Fortunately no serious damage was done.

A sleighload from Greenwood attended church here Thursday evening.

The Ladies' Aid Society at Mrs. W. C. Bassett's was well attended. Proceeds $4.25.

Mrs. Griswold, Mrs. Frank Young and Mrs. A. Woodward of Greenwood attended the Aid Society at W. C. Bassett's, Thursday.

Two million Americans suffer the torturing pangs of dyspepsia. No need to. Burdock Blood Bitters cures. At any drug store.

"Little Colds" neglected—thousands of lives sacrificed every year. Dr. Wood's Norway Pine Syrup cures little colds—cures big colds too, down to the very verge of consumption.

SAUNDERS.

News is scarce.

We are nearly snow bound.

Edward Saunders and Agnes German have returned from their Xmas vacation.

William Shuyter and Miss Lelah Horton were united in marriage at Whitesville, New Year's. Several others have turned over a new leaf for the new year.

Miss Maggie Anderson visited friends in Genesee Forks last week.

John McDonald is visiting his brother Tom for a few weeks.

Mr. Brownell and wife visited Frank Skillman last week.

JASPER.

M. Lathrop of Woodhull stayed over night Thursday at W. B. Miller's and Dell Miller went home with him and expects to drive team for him part or all of the winter.

W. Brownell attended the Horsetraders' Convention at Woodhull last Friday.

M. L. Drake is confined to his bed with la grippe and neuralgia.

George Potter of Red Spring Run was called to John Quigley's Saturday and Sunday, on account of the sickness of his daughter.

Merritt Knight and family were callers at Wm. B. Miller's Sunday, and were detained all night on account of a sick baby.

Miss Gertie Hale, daughter of Ralph Hale, is sick with peritonites and is being treated by Dr. N. R. Hunter.

W. E. Van Fleet was in Canisteo Saturday.

The Slawson Brothers of Canisteo were in town recently buying logs and will soon erect a sawmill near Gunn's Corners.

Seymour Dennis has moved from town on the farm with his son, Geo. Dennis.

Leon Stone and wife expect to move onto the P. B. Stone farm.

Mr. Perry, of Michigan, will soon occupy the Henry Hamlin house.

The suit between Ralph Craig and Mary Murphy will come off Jan. 19th at 10 a. m. at Woodhull.

The Horsetraders' Convention at Woodhull was said to be made up of four fights, six trades and a loss of money, and time wasted, and a general hurrah boys time for all who were present.

YOUNG HICKORY.

The January thaw is here.

J. O. Potter and family visited a nephew, A. E. Whipple of Jasper, Jan. 2d, it being his birthday.

The funeral of Peter Bishop was held at the home of his daughter, Mrs. Mary Day, on Thursday last, the interment being at the Young Hickory Cemetry, Eld. J. H. Chees. man officiating.

The young people of this place spent a very pleasant evening at the residence of J. D. Hardey's on Thursday last. Miss Hattie Potter has returned to her work.

Eld. B. E. Eggleston of West Bingham, Pa., preached at the church Sunday morning in the absence of Eld. F. F. Dunham. c. o. D.

ALFRED STATION.

H. C. Keller is at Wellsville again in the Western Union Telegraph Office in the absence of Mrs. McCarthy who has gone to Port Jervis to her grandmother's funeral.

Connie Lewis has returned from the Bermuda Island, where he went to visit Theopilus Roach who was one of the patients at the Hornellsville Sanitorium a while ago. Mr. Roach returned with him. They were here visiting Mr. Lewis' parents Friday and Saturday.

W. H. H. Keller and wife were at Frank Witter's in Andover Saturday.

There are a few on the sick list.

H. W. Green is slowly gaining. He had a light touch of grip and heart difficulty.

There is to be an oyster supper at J. F. Perry's store next Saturday evening by the Maccabees.

Best line of Shilling Dress Goods a Coston's.

LEAKS ON THE FARM.

Why Some Tillers of the Soil Fall While Their Neighbors Get Rich and Prosperous.

One serious leak on a great many farms is the buying of machinery and then leaving it exposed to all kinds of weather. I have in mind a farmer who has a self-binder, corn planter, sulky plow, walking plow, two cultivators, two hay-tedders and two mowers, and he leaves them standing out in all kinds of weather. I consider this a serious leak and there are many farmers who do the same thing. Another leak on many farms is a lack of proper shelter for stock. I know men who let their milch cows stand out in all kinds of weather and then feed 30 per cent. corn to warm them up. Another leak is a very prevalent one of feeding young stock a ration that will simply maintain them during the winter. Many times we see calves and colts that are not ten pounds heavier in the spring than they were at the beginning of winter, and practically all the feed they consumed during the winter was lost. I once asked a farmer who follows this plan how much he thought his calves had gained during the winter. He replied that they had not gained anything except age, but they were five months older. I fail to see where the 12 months' calf that will weigh 500 pounds has any advantage over the seven months calf of the same weight. To feed five months without any gain is a serious leak and one that is too common with many farmers. Another leak that is so common that it is the rule rather than the exception is the wasting of manure. All manure made on the farm should be spread on the fields, especially on the poor spots. Still another leak is to try to farm too much land, and consequently grow more weeds than corn. I know one man who grew less than 25 bushels of corn per acre this year on account of undertaking too much; the weeds took the corn. The same man had 40 acres of rough land that has a good bluegrass sod. He is going to break it up for corn in the spring, and that will be a serious leak on his farm, for he has more land under plow now than he can attend to, and he will only grow more weeds and lose the 40 acres of grass besides. Then another leak is keeping any kind of stock after they have passed their prime and begin to go down.—C. L. Hardman, in Prairie Farmer.

CRIMSON CLOVERSEED.

How to Make a Germinator by Means of Which Its Vitality Is Tested Easily.

The germination of crimson cloverseed even when the seed is comparatively pure often leaves much to be desired. The seed deteriorates rapidly with age. There is, however, a simple quality test within the reach of any buyer, as shown in a homemade germinator illustrated in a circular of the department of agriculture.

HOMEMADE SEED GERMINATOR.

A piece of moist flannel is laid upon a plate, and a certain number of seeds are counted out and laid upon the flannel, a second fold of which is placed over them. Then another plate is inverted over the whole. The seeds are removed and counted as fast as they germinate. Good crimson clover will sprout 80 to 90 per cent. of the seed within three days.—Cincinnati Farmer.

FACTS FOR FARMERS.

Good stalk, good corn.

A farmer's children ought to be the finest in the world. Some of them are.

Begin a bank account. It will encourage you as a nest egg does the hen.

The keep-out-of-debt doctrine is preached by most but practiced by very few.

Heavy money bags often pull a young man down; an education usually lifts him up.

"I can't boom the market," said Farmer Hardhead, "but I can lower the cost of the crop."

If half the hedges and walls on half the farms were fences, and if half the fences were taken down the farms would be improved in appearance and convenience.

Cautious John treats new ideas like a new kind of cake. He watches his neighbors when they try it and then nibbles a bit around the edge.—Orange Judd Farmer.

Wheat Farming in Nebraska. A Nebraska paper tells of a man who bought a farm there, upon which there was a mortgage of $700. He did not make any payment on the farm, but sowed 80 acres of it to wheat. It was a poor year, but he said the stand was so poor that he thought he would not harvest it. He returned to his old home, and left the farm and the mortgage to fight it out as they pleased. The wheat ripened, fell to the ground and seeded it well. There was a fine crop, and as some one was kind enough to write about it to him, he went back, harvested it and sold it for enough to pay the mortgage and all his other debts. "If at first you don't succeed, try, try again."

ASK YOUR DOCTOR!

Ask your physician this question, "What is the one great remedy for consumption?" He will answer, "Cod-liver oil." Nine out of ten will answer the same way.

Yet when persons have consumption they loathe all fatty foods, yet fat is necessary for their recovery and they cannot take plain cod-liver oil. The plain oil disturbs the stomach and takes away the appetite. The disagreeable fishy odor and taste make it almost unendurable. What is to be done? This question was answered when we first made

SCOTT'S EMULSION

of Cod-Liver Oil with Hypophosphites. Although that was nearly twenty-five years ago, yet it stands alone today the one great remedy for all affections of the throat and lungs.

The bad taste and odor have been taken away, the oil itself has been partly digested, and the most sensitive stomach objects to it rarely. Not one in ten can take and digest the plain oil. Nine out of ten can take SCOTT'S EMULSION and digest it. That's why it cures so many cases of early consumption. Even in advanced cases it brings comfort and greatly prolongs life.

50c. and $1.00, all druggists.
SCOTT & BOWNE, Chemists, New York.

YOU will find that the best

PERFUMES,

STAIONERY,

CONFECTIONERY,

DRUGS,

GROCERIES, &c, &c.

Can always be found at

G. W. SMITH & CO.'S.

Eureka Harness Oil is the best preservative of leather. It softens and the best renovator of old leather. It oils, softens, blackens and protects. Use

Eureka Harness Oil

on your best harness, your old harness, and your carriage top, and they will not only look nicer, but wear longer. Sold everywhere in cans—all sizes from half pints to five gallons.

Made by STANDARD OIL CO.

Impossible to foresee an accident. Not impossible to be prepared for it. Dr. Thomas' Electric Oil. Monarch over pain.

SUNDAY SCHOOL.

Lesson VII., Second Quarter, For February 12, 1899. The Child Jesus. Luke 2:41-49.

GOLDEN TEXT.—And Jesus increased in wisdom and stature, and in favor with God and men.—Luke 2:52.

CLASSIC TEXT.

41. Now his parents went to Jerusalem every year at the feast of the passover.

42. And when He was twelve years old, they went up to Jerusalem after the custom of the feast.

43. And when they had fulfilled the days, as they returned, the child Jesus tarried behind in Jerusalem; and Joseph and His mother knew not of it.

44. But they, supposing Him to have been in the company, went a day's journey; and they sought Him among their kinsfolk and acquaintance.

45. And when they found Him not, they turned back again to Jerusalem, seeking Him.

46. And it came to pass, that after three days they found Him in the temple, sitting in the midst of the doctors, both hearing them, and asking them questions.

47. And all that heard Him were astonished at His understanding and answers.

48. And when they saw Him, they were amazed; and His mother said unto Him: Son, why hast thou thus dealt with us? Behold, Thy father and I have sought thee sorrowing.

49. And He said unto them: How is it that ye sought Me? Wist ye not that I must be about My Father's business?

NOTES AND SUGGESTIONS.

The Circumcision. — This lesson shows us Jesus as a Jewish boy. This we begin with circumcision, which was administered on the eighth day after birth, according to the law given in Gen. 17:9-14. Often the friends of a family gathered at the circumcision of a child, and a feast was held (Luke 1:58, 59). Of course, no such feast was possible when a child was born away from home.

The Presentation.—The presentation in the Temple was, by contrast, a twofold ceremony. It had to do with the purification of His mother (Lev. 12) and with His own redemption as His mother's firstborn (Ex. 13:2, 12, 15). Now the law of purification required only the payment of the money to a priest, but the child was generally taken to the temple when the parents were near enough to go. Purification could be made at any time after the days of separation, but required the presence of the mother at the temple. The rabbinic traditions lengthened the period of separation prescribed in the law to 41 days after the birth of a boy and 81 after the birth of a girl. Simeon and Anna, whose prophetic words gave Mary food for thought, represented a considerable number of people who spent their life in the temple courts, attending all the sacrifices and passing their time in prayer.

The Magi.—The magi were representatives of a class somewhat widely spread in the East and were successors to the learning of the priests of Chaldea. Their interest in the king of the Jews probably came from Jewish rather than heathen sources. Very many theories about the star which guided them have been published, the most probable being that of Kepler, who observed a conjunction of Jupiter and Saturn in connection with which a brilliant temporary star, which may have been a comet, appeared. This conjunction occurred also about two years before the birth of Jesus.

The Return.—The return to Nazareth was decided upon for the reason that Jesus' parents could not feel secure in a village only six miles from Jerusalem, where children of Jesus' age would be few. Nazareth was as obscure and out-of-the-way place, in the hills which lie on the south side of the plain of Esdraelon. It was from this village that Jesus went, as all boys went, at the age of 12 years to his first passover. His remaining behind to listen to and share in the discussions of the rabbis shows His interest in the theory as well as the practice of religion; and His surprise that His parents should have wasted any time looking for Him anywhere else indicates His growing consciousness of the divine nature within Him.

Infancy to Manhood. — Generally this period may be described as that of Jesus' true and full human development—physical, intellectual and spiritual—of outward submission to man and inward submission to God, with the attendant results of "wisdom," "favor" and "grace." Necessary, therefore, as this period was, if the Christ was to be true man, it cannot be said that it was lost, even so far as His work as Saviour was concerned.—Edersheim.

Special Studies.—When a Jewish boy was three years old he was given the tasselled garment directed by the law (Num. 15:38-41; Deut. 22:12). At five he usually began to learn portions of the law under his mother's direction. These were passages written on scrolls, such as the shema or creed of Deut. 6:4, the Hallel psalms (Ps. 114, 118, 136.) When the boy was 13 years old he wore, for the first time, the phylacteries, which the Jew always put on at the recital of the daily prayer. In the well-known and most ancient "Maxims of the Fathers" (Pirke Avoth) we read that at the age of ten a boy was to commence the study of the Mishna (a compilation of traditional interpretations of the law); at 18 he was to be instructed in the Gomara (a vast collection of interpretations of the Mishna, the Mishna and Gemara together making up the Talmud).—Canon Spence in Pulpit Com.

FOR THE SABBATH.

Dr. Talmage Speaks on the Subject of Insomnia.

Sleep the Vacation of the Soul—A Divine Narcotic—Words of Consolation for Sufferers—The Last Sleep.

[Copyright, 1900, by Louis Klopsch.]

Washington, Jan. 7.

In this discourse Dr. Talmage treats of a style of disorder not much discoursed upon and unfolds what must be a consolation to many people. Text, Psalms 77:4: "Thou holdest mine eyes waking."

Sleep is the vacation of the soul. It is the mind gone into the playground of dreams; it is the relaxation of muscles and the solace of the nerves; it is the hush of activities; it is the soft curtaining of the eyes; it is a trance of light hours; it is a calming of the pulses; it is a breathing much slower, though far deeper; it is a temporary division of all carking cares; it is the doctor recognized by all schools of medicine; it is a divine narcotic; it is a complete anaesthetic; it is an angel of the night; it is a great mercy of God for the human race. Lack of it puts patients on the rack of torture or in the madhouse or in the grave. Oh, blessed sleep! No wonder the Bible makes much of it. Your alleged sleep so much that a surgical incision of the side of Adam did not waken him came the best temporal blessing ever offered to man in wifely companionship. While in sleep on a pillow of rock Jacob saw a ladder set up, with angels coming down and climbing. So "He giveth His beloved sleep," soliloquized the psalmist. Solomon listens at the door of a tired workman as he comes home and sings saying: "The sleep of a laboring man is sweet." Peter was calmly sleeping between the two constables the night before his expected assassination. Christ was asleep in a boat on Galilee when tossed in the euroclydon. The announcation was made to Joseph in sleep, and death is described as only a sleep and the resurrection as a glorious wakening out of sleep.

On the other hand, insomnia, or sleeplessness, is an old disorder spoken of again and again in the Bible. Ahasuerus suffered from it, and we read: "In that night could not the king sleep." Joseph Hall said of that ruler: "He that could command a hundred and seven and twenty provinces could not command sleep." Nebuchadnezzar had insomnia, and the record is: "His sleep brake from him." Solomon describes this trouble and says: "Neither day nor night seeth he sleep with his eyes." Asaph was its victim, for he complains in my text that his eyes are wide open at midnight, some mysterious power keeping the upper and lower lids from joining: "Thou holdest mine eyes waking."

Insomnia, which has troubled all nations and all ages, and its widest swing in our land, because of the push and speed of all styles of activities, as in no other land. Where there is one man or woman with equipoise of nerves there are a dozen with overwrought and tingled ganglion. At some time in life almost everyone has had a touch of it. It has been called "Americanitis." Last night there were, as there will be tonight, millions of people to whom the words of the text are appropriate utterance: "Thou holdest mine eyes waking."

Wonderful is that law which Ralph Waldo Emerson called the "law of compensation," and it has been so arranged that, while the hard-working populations of the earth are denied many of the luxuries, they have at least one luxury which many of the affluent of the earth are denied and for which some of them would give millions of dollars in cash down—namely, capacity to sleep. The most of those who toil with hand and foot do not have to send out invitations to sleep. They require no bromide or valerian or sulphonal or trianol to put them to nightly unconsciousness. In five minutes after their heads touch their pillows they are as far off from the wall they were building, or the ditch they were digging, or the anvil they were pounding, or the wheels they were controlling, as heaven is from earth. About three o'clock in the morning, the body at lowest temperature and its furnaces nearly out, what a complete quietude for the entire physical and mental structure! All night long, for such sleep is busy with its enchanted anointing of every corpuscle of the arteries and every molecule of the entire physical organism, and the morning finds the subjects of such sleep rebuilt, reconstructed, and touched of God into a new life.

Of course there is an unrighteous sleep, as when Jonah, trying to escape from duty, slept in the sides of the ship while the Mediterranean was in wrath because of that prophetic passenger; as when Columbus in his first voyage, exhausted from being up many nights, gave the ship in charge of the steersman and the crew, who, leaving the management of the vessel to boys, went asleep and allowed the ship to strike on the sand banks of St. Thomas; as when the sentinel goes to sleep at his post, endangering the whole army; as when the sluggard, who accomplishes nothing the day before he went to sleep and will accomplish nothing the day before he wakes, has been put proverbial for his laziness; as when the watchman, instead of his duty, sleeps and sees his wife and children murdered; as when the Christian, instead of his duty, sleeps at the right time and amid the right circumstances—can you imagine anything more blessed? If sleep, according to secular and profane literature, is an emblem of death, how delightful is an refreshed slumbers is a resurrection.

If you have escaped the insomnia spoken of in the text, thank God. Here and there one can command sleep, and it comes the minute he orders it and departs at the minute he wishes it to go, as Napoleon when he wrote: "Different affairs are arranged in my head as in drawers. When I wish to interrupt one train of thought, I close the drawer which contains that subject and open that which contains another. They do not mix together or insomnience me. I have never been kept awake by an involuntary preoccupation of mind. When I wish for repose, I shut up all the drawers, and I am asleep. I sleep when I wish, and I wake when I and almost at will." But I think in most cases we feel that sleep is not the result of a resolution, but a direct gift from God: You cannot purchase it. A great French financier cried out: "Alas! Why is there no sleep to be sold?"

Do not take this divine gift as a matter of course. Your seven or eight hours of healthful unconsciousness is a blessing worth all the gold of continuous emphatic recognition. Praise the Lord for 365 resurrections in a year! Artificial slumber can be made up by the apothecaries, but natural sleep is a balm, a panacea, a catholicon that no one but God can mix. With it he bathes your eyes and brain and nerve and bone. It is a soft robe woven in Heaven, with which He wraps your body, mind and soul. The more scientists explore this mystery of sleep the more profound it seems. God tells us many things, but that is a secret He keeps to Himself. We philosophize and guess about this phenomenon, but we never know just what sleep is until we are told about it when we get through the last sleep. Thank God morning, noon and night for this strange quietude, this refreshing dismissal, this recuperating absence, this reenforcement of energies, this mighty benediction.

Consider among the worst crimes the robbery of ourselves or others of the mercy of slumber. Much ruinous doctrine has been inculcated on this subject. Thomas Moore gave poor advice when he said: "The best way to lengthen our days is to steal a few hours from the night." We are told that, though they did their work at night, Copernicus lived to be 73 years of age and Galileo 78 years and Herschel 82 years. Yes, but the reason was they were all star hunters, and the only time for hunting stars is at night. Probably they slept by day. The night was made for sleep. The worst lamp a student can have is "the midnight lamp." Lord Brougham never passed more than four hours of the night abed, and Justinian, after one hour of sleep, would rise from his couch. But you are neither a Justinian nor a Lord Brougham. Let not the insomnia or hypochondria of early rising induce you to the abbreviation of sleep. Get up when you are slept out, unless circumstances compel otherwise. Have no alarm clock making its nerve-jarring racket at four o'clock in the morning, unless special reasons demand the forsaking of your pillow at that hour. Most of the theories about early rising we inherited from times when people retired at eight or nine o'clock in the evening. Such early retirement is impossible in our own times for those who are taking up the great activities of life. There is no virtue in the mere act of early rising. It all depends upon what you do after you get up. It would be better for the world if some people never wakened at all.

But most Americans do not get sleep enough. The sin of late retiring is one most widespread and ruinous. What is much needed is that in all our cities those who are leaders in social life turn back the hour of drawing-room assemblage from ten and eleven to eight or half-past seven, so that the guests at ten or half-past ten may meet sleep at the right hour in their own dormitories. Two or three social heroines could do that in all the towns and cities. Thousands of men and women are slain each year by late hours. Five years is more than the average of endurance. The vitality of men and women is depleted, and they go into chronic ailments, if they do not die of dyspepsia or consumption or nervous prostration, and the beauty goes out of the cheek beyond all restoration of cosmetics. Late retiring is the mother of premature wrinkles. Lack of sleep assassinates social life. A reformation is needed, and if the customs of the world could be changed in this matter and the curtains of social life could be rung down at a reasonable hour of the night 20 per cent. would be added to the world's longevity.

All those ought to be comforted who by overwork in right directions have come to insomnia. In all occupations and professions there are times when a special draft is made upon the nervous energy. There are thousands of men and women who cannot sleep because they were injured by overwork in some time of domestic or political or religious exigency. Mothers who, after taking a whole family of children through the disorders that are sure to strike them, have been kept physicians, nurses and sentinels night and day through a long illness, have to go to sleep at the right time and amid the right circumstances—can you imagine anything more blessed? If sleep, according to secular and profane literature, is an emblem of death, how delightful is an refreshed slumbers is a resurrection.

If you have escaped the insomnia spoken of in the text, thank God. Here and there one can command sleep, and it comes the minute he orders it and departs at the minute he wishes it to go, as Napoleon when he wrote: "Different affairs are arranged in my head as in drawers. When I wish to interrupt one train of thought, I close the drawer which contains that subject and open that which contains another. They do not mix together or insomnience me. I have never been kept awake by an involuntary preoccupation of mind. When I wish for repose, I shut up all the drawers, and I am asleep. I sleep when I wish, and I wake when I and almost at will." But I think in most cases we feel that sleep is not the result of a resolution, but a direct gift from God: You cannot purchase it. A great French financier cried out: "Alas! Why is there no sleep to be sold?"

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At Bull Run.

Comrade Chas. Elms, of Mechanicsville, N. Y., was struck by a piece of shell which later caused severe heart trouble. He says:

"At second Bull Run a piece of shell lodged in my shoulder, and later rheumatism set in, which in turn affected my heart to such extent that several doctors pronounced my case incurable. Dr. Miles' New Heart Cure relieved my pains, shortness of breath and enabled me to work; also to sleep soundly, and prolonged my life."

DR. MILES' Heart Cure

is sold by all druggists on guarantee—first bottle benefits or money back. Book on heart and nerves sent free. Dr. Miles Medical Company, Elkhart, Ind.

Every child should be so taught as to realize that God is his heavenly Father.

Every child should be "about his Father's business," so that his whole life may be devoted to Him.

There's no pleasure in living, if you're to be corked up forever, and only durable your mind out by the lay, like a leaky barrel.—George Eliot.

Thousands Have Kidney Trouble and Don't Know It.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What to Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, a great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and $1. sizes.

You may have a sample bottle of this wonderful discovery and a book that tells more about Swamp-Root, absolutely free by mail, address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper.

Home of Swamp-Root.

Elias Hartz, aged 84, the goose-bone weather prophet, of Reading, Pa., predicts the mildest winter on record. "Sure of it," he says, "never surer of anything in my long life. The coming winter will be no winter at all. This year, to make things sure, I used the breastbone of three geese. The bones were all from geese of last year. To my great surprise, all were alike in color. I was not so much surprised by that as I was to see them nearly all white. Only the slightest bit of purple could be seen on the tail end of the bones. This purple indicates cold weather away off in March probably. All the rest of the bone was white which shows beyond question that there will be no winter at all. The fact that the three bones indicate exactly the same thing might help to convince people who take no stock in the goose bone as a weather sign; but one bone is enough for me. In the last 50 years in which I have made an annual test, the bone has never failed once. The weather always came to pass as indicated by the goose bone. So you need not expect much snow or ice or cold weather until next March. The winter will be the mildest on record."

Hard to Believe.

"I wouldn't have minded being whipped so much," said the young culprit, "if the teacher hadn't said that my punishment hurt him more than it did me."

"That ought'n to make you feel any better."

"Well, it did. What he punished me for was telling stories."—Washington Star.

Misses' Box Calf School Shoe, $1.25 at Coston's.

ERIE RAILROAD

Tickets to all points East or West.

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