THE FATE OF A FLIRT.

n exchange tells of a young man it inser to name who has long held the in the village as "heart smasher," imagined that half a dozen of the imagned that my a dozed of the e specimens of womanhood were ous to hear a proposal" from him. knows to near a proposar Trom him, nes were hard, and he finally con-ided to make a selection. "He went m one to another, until the entire six id "no," and has reversed his opinion out girls.—New York Advertiser.

EWEST MOURNING BONNETS.

The widow's bonnet in mourning attitues to be either the Mary Stuart attinus to be either the Larry Static the capote shape, simply covered to English crepe, having the white bing in front and with dull black The vell, of course, hides all but extreme edge of the bonnet. For extreme edge of the bonnet. For ther mourning, where no veil is in, the small poke shapes are seen, ving their edges defined with dull and decorated with high loops of all black ribbon. The silk bonnets, matter how light the mourning may are no longer counted good form. French milliners are using quantiof dull jet and much silk crepe up slik bonnets wd dw dw dw wdww crepe bonnets, but this rather elab-te style of trimming for mourning t counted good form by either the plish or American milliners. One always stands; a mourning bou-should always bave the ties of the ishale of black ribbon.—Lactes'

ERCH WOMEN TO CUT WOOD.

the ladies of Equinunk, Wayne coun-Penn., have adopted a novel way to ture money to build a new Methodist arch in that place, by entering into contact with the Equinunk Chemical many by which they agree to cut i pile 250 cords of acid wood, which gas to the company and is located that village. The cutting and pil-of the wood are to be done in a kmanlike manner under the direc-of Mr. Green, of the chemical com-The ladies have sent circular let-to their male friends to assist in ork, in whicn they provide that best of the chopping is reserved

he letter further says: "In order us evice further says: "In order there may be no falking on our to fulfil this contract we appeal to to help us. If previous engaged to prevents you coming, kindly send by mail one or more dollars and the kall badges for every and the sail badges for every says." will be done for you."-New York

MEN BREATHE IMPROPERLY.

a matter of fact, not one woman hundred breathes normally. The station of the average woman va-with every change of mental state physical condition, and it is a rare g for a woman to use her lungs to best possible advantage without a flow knowledge of physiology and ppreciation of the merits of physic-ulture.

estrable as is a thorough exercise oreathing, it is not safe to experiat the matter. A very little inuction on the subject will enable any
man to comprehend the precise art
filling and emptying the lungs on
subtic principles. After this has
a acquired, the chief thing is to
atte in as much sunshine as posfe and to believe in the efficacy of
gen as a remedy for persylvall the ten as a remedy for nearly all the hat are fashionable.

following are some excellent for improving the respiration and sing improving the respiration and ging it up to a normal condition:
id al an open window or recline on ucl, with the waist and chest unlad; hold the chest walls high and le in slow, long breaths; exhale as it; threa times call at first. Gind three times only at first. Gradif) three times only at first. Grad-ify the number of times may be in-used and the time lengthened for breathing exercises. Fifteen min-twice a day of least, should be old to this exercise to accomplish-desired result. New York Journal.

OMEN AND THE BIOYOLE.

woman should always select a mawith a wide space between the ng center and the saddle-post said a veteran instructor, as it is mounting much easier. You a woman mounts from the room, as it is mounted to the room of th ng herself back on the front, a man mounts from the saddle, a man mounts in exactly the opway. It your wheel has this pace, and you put your right foot pedal, pull your skirt around in seak, and house the ck, and press the bust hard the handlebar, you will find that ating is easy, and that four-fifths ar skirt won't be hanging on the

de when you get up.
fashionable way to ridh naw to
write a ward and
getting the land of the arm
being

property to the property of th half or six inches gives too wide a circle and throws the knees up in an ungraceful way. If possible, get a crank without pins through it, for then you are in no danger of getting your skirts caught.

In selecting a saddle, get one with a backward and forward adjustment, and let it be pretty wide, with a short peak. A narrow handle-bar is much the best, as a wide and high one involves a great deal of lost motion.

TAILOR GOWNS.

The tailor gown, in all its simplicity and beauty, is one of the favorite spring costumes, and deservedly so, for there

costumes, and deservedly so, for there is nothing prettier nor simpler than a well-made tailor gown.

Skirts are to be narrower this spring, but will be cut in very much the same way, fitting smoothly over the hips, the fullness all in a small space in the back. The bell skirt, somewhat fuller than it was two or three years ago, is to be worn, and is one of the most becoming of all skirts. Derry blue is to be. ne worn, and is one of the most becoming of all skirts. Dark blue is to be a favorite color, and a great many costumes have already been made up, with plain skirt and smart little jacket trimmed with black braid. The effect is somewhat of a military jacket, and the braid is somewhat of a military jacket, and the braid is suit on in front and around the braid is put on in front and around the coat; sometimes frogs are used in place of the braid. These jackets are always

Tan and gray cloth are also made un in these gowns, and there is a certain shade of warm chestnut-brown serge which is also fashionable.

The Eton jackets will be worn with

the spring costumes, and an unusually pretty style has the skirt very much gored, and opening at the side of the front breadth like the bicycle suits. An Eton jacket, tight-fitting at the back, has revers turned back from the waist to the shoulders, and lined with blue satin. With this is to be worn a silk blouse of blue and white checked silk. Odd colors are combined in these costumes; blues are lined and faced with green and heliotrope; browns also have heliotrope or yellow or red, and although there are only glimpses to be seen, these glimpses give a touch of color which makes the gown chic, or

Shepherd's plaids and checks of all Shephera's pianus and enexas of an kinds are made up into skirts to be worn with fancy waists and black jackets, and there are some entire costumes of the plaid. One of dark green and white fine check has linings, factors and white fine check has linings, factors and white fine check the strength of dark ings, and bands about the skirt of dark green satin.—Harper's Bazar.

FASHION NOTES.

The next season will be character ized by the prevelance of ribbons of all garments, and especially on capes.

Lace net crown pieces, embroidered in mock jewels, black spangles and jet, are very elegant for dressy bonnets or toques.

Round capes of cloth are trimmed with a neck ruche and jabot ends down the front, of changeable or chameleon

Graduated loops of ribbon are a feature of hats that tend to broaden the effect, as they are placed in sets of three loops, one set on each side of the

Tigre aigrettes—one color striped with another—also tiquete aigrettes, are innovations of the season. Black aigrettes, tipped and decorated at the base with turquoise, constitute another

A new veil, which promises to catch fashion's fickle fancy, has been intro-duced. It is a black net with white embroidery effect and applique border. Also a plain black having only the applique white border.

Persian printed cambric waists are seen in a very handsome assortment of dark colorings.

The late buts from Paris and London ngly gay and bright. are of silk straw, as light as possible, delightfully lustrous and beautifully braided or plaited.

Odd toques in black and yellow or green and white, edged with cuba-looped braid, have rosettes of the same braid already in place at each side of of the back beneath the rim.

Bold stripes and big checks are yers. White collars and cuffs on waisis are by no means unusnd a tiny piping of the material for the body of the water is some listraduced into the collars and

THE SUCKERING MAY WEAR OUT BODY AND MIND.

Wholesome Food Will Resh former, but Not the Latter, a Brain Food Necessary.

From the Times, Troy, N. Y.

William H. Herrison, Jr., a well-known reedent of Berlin, tells the Times how he was stricken with a complication of diseases time ago, being left, after his partial recovery, a mental and physical wreck. Considering the fact that fir. Harrison was compelled to use crutches, and has now fully pelled to use crutches, and has now fully recovered so as to be able to put the crutches aside, this was indeed an interesting case.

adde, this was indeed an interesting case.

Mr. Harrison tells this story:

"I am fifty-one years old. Three years ago last March! was taken stok with a complication of directors; my doctor helped me somewhat, but I was left with my left leg swollen, there were purple patches on the inside of the ankle and there was soarcely my feeling in the leg from the knee down. Above the knee there was a week, faint feeling. The suffering was almost unbearable, I was, in fact, a mental and physical wreek. I had neither energy nor smbitton, my mind was burred and I could not concentrate my thoughts. I was nearly discouraged when I happened to read an divertisement of the cures of Dr. Williams Tink Pills. I felt that they would hit my case, and a neighbor, telling what the pills had done for a friend of his, made me decide to try the remedy; so I ventured to send to Schemectady for some of the Pink Pills.

"For a year I had been able to do no manual tabox and walked occurred."

tured to send to Schennetacy to some of the Pink Pills.

"For a year I had been able to do no manual labor and walked on crutches most of the time, but before I had taken half a box of the pills I foll like a different man. After taking several boxes of the pills my legs improved, and my bodily health was altogether better. I put aside my crutches, my strength returned, my mind became clear and all the organs of my body seem now to be doing their work well.

"I am now working most every day and I am in nearly as good health as I had been for several years prior to my last illness."

Mr. Harrison was loud in the praises of Dr. Williams' Pills, and he continued:
"I can honestly say that I feet that if I had not had the pills I should mot have been here to-day, so I most cheerfully tell of the wonderful work in they have done for me. I sincerely hope that this statement may reach some other poor sufferers and accomplish as excellent work for them as I have had the benefit of."
Dr. Williams' Pink Pills contain, in a con-

excellent work for them as I have had the benefit of."

Dr. Williams' Pink Pills contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor attails, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of la grippe, palpitation of the heart, pale and sallow complexions, all forms of weakness either in male or fema'e, and all diseases resulting from vitiated humors in the blood. Pink Pills are soid by all dealers, or will be sent post paid on receipt of price, 50 cents a box, or six boxes for \$2.50 (they are never sold in bulk or by the 100), by addressing Dr. Williams' Medicine Company, Schenectady, N. Y.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incursable. For a great many years doctors properly the supposed to the supposed to

F. J. Cheney & Co., Toledo, O.

In 1820 there were 100 practicing dentists in the United States.



Gladness Comes

With a better understanding of the transient nature of the many physical ills which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge that so many forms of sickness are not due to any actual disease, but simply to a constipated condition of the system, which the pleasant family laxative, Syrup of Figs, promptly remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness, without debilitating the organs on which it acts. It is therefore all important, in order to get its beneficial effects, to note when you purchase, that you have the genuine article, which is manufactured by the California Fig Syrup Co. only, and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, then laxatives or other remedies are not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, then one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely used and gives most general satisfaction.

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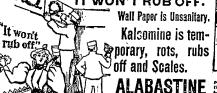
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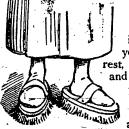
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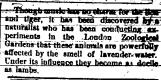
if you don't use Pearline. Give your tired arms and aching back a rest, somehow, when you're scrubbing and cleaning.

"An absurd idea?" Of course, But when a person has cleaned house with Pearline, year in and year out, and knows how much

work it saves, and time, and rubbing, nothing seems more absurd than to try to clean house without it. Pearlineno soap with it-just Pearline-makes house-cleaning easy.

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Hr. John J. Barry lives at 104 Concord st., Brooklyn, N. Y., is 65 years old, He used to be a freight clerk, but for eleven years has done no work, mainly on account of rheuma-lism. He has always been troubled a good deal with constinution, but a few months since, his attention having been directed to Ripans
Tabules, he commenced a course of treatment with them, using them according to directions. As a result the trouble from constipation ts overcome and there is a positive improvement to be noted in the condition of his rheumatic joints. His daughter, who lives with him and has suffered a good deal from dyspepsis, also uses the Tabules and has found in them the greatest po sible benefit.

Ripan's Tabules are sold by druggists, or by mail, if the price (50 cents a box) lesent to The Ripana Chemical Company, No. 10: Eprace at., New York. Sampla vial, 10 cents.

New York Directory