

## FOR THE LADIES.

### A DREAM PILLOW.

A very pretty and inexpensive dream pillow, which will not only be conducive to sleep, but will fill the room with fragrant odors, is made thus: Fill a bag of soft, unbleached muslin, fifteen by twenty inches, with lavender leaves or balsam-fir needles and lemon-verbena leaves; and cover the bag with flowered China silk, which can be made into a long slip, fringed prettily at one end and tied with ribbon or heavy silken cord. (St. Louis Star-Bayings.)

### ROUTINE OF PARISIAN LADIES.

Parisian ladies who are no longer in their freshest bloom are seldom seen in the morning. They breakfast in their rooms, served by their femme de chambre. Their war paint is not well on before 2 or 3 o'clock in the afternoon, when they go to their milliner's or dress-maker's. From there they take a turn in the Bois, drop in to some "5 o'clock" and then go to dinner. Afterward, according to the day of the week, they receive in boxes at the Francs or the opera, and then run to a drawing-room concert or a reception. (San Francisco Chronicle.)

### NOVA SCOTIA WOMEN.

A Nova Scotia correspondent of the Woman's Journal gives some interesting facts concerning the municipal suffrage already possessed by Nova Scotia women. It was granted in 1887. She says: "Single women and widows, having \$250 income or \$300 personality, may vote for county councils, mayor, aldermen, etc. They are, however, not eligible for office, nor can they sit on school boards or be trustees. Married women have no rights, not even as property holders and assessed in their own names, unless their husbands should chance not to possess any means—in fact, to be paupers—in which case, if they swear to this fact, married women may vote for their husbands (instead of them). Thus far the municipal franchise has worked well in country towns and districts and among certain wards in the city. About two-thirds of our women electors vote, and the list increases annually."

### WHY DO WOMEN WRAP VEILS?

A well-known Cleveland oculist says that he thinks veils were first invented to give men of his calling work to do. "Half of my work can be traced directly to the use of the filmy things that women put on their faces either to accentuate beauty or else to hide defects," says he. "If women were to content themselves with plain, unfigured veils, if they must wear them, like Orpheus, my occupation would be gone. But the little dots on them, through which women look, help to make weak eyes; given weak eyes, the oculist are kept busy. Women go to physicians and complain that they continually suffer from headache, particularly after a walk. If the physician inquires he usually discovers that such women wear figured veils, and the headaches come from a misuse of the eyes, attempting to see things partly hidden by a dot in the veil. The strongest man with perfect eyes could not stand it long, and it is no wonder that women get headaches through the straining of the eyes." (Cleveland Sun and Voice.)

### PROGRESS OF SOUTH AMERICAN WOMEN.

A lyceum for women in Mexico was founded in 1873, which takes up subjects that are considered essential to the proper training of women. In the school of arts there are many busy students, from the young girl to the women of mature years, all of whom receive free instruction in such branches as printing, bookbinding, sewing, fancy work, knitting, trimmings, fringes, making cords and tassels. Piano and vocal music are also taught. The Mexicans bid fair to rival the United States as well as Europe in educating their daughters for that higher sphere for which nature intended them.

In Nicaragua the education of girls has become quite popular, and in the city of Granada there is a college where several hundred young ladies are enrolled.

In Brazil boys and girls are now being educated together in the higher grade schools. When one can easily date back to a period in that country where girls were kept under lock and key, "where they would remain until husbands had been obtained for them," such an attempt at co-education means the beginning of a new life for women.

Chile has the Instituto Nacional, where there are among the many male students two or more women studying law. This, however, is looked on with more disfavor than if they had taken up the study of medicine. In the Colegio Norte Americana over 250 girls belonging to the higher classes of society are studying the higher branches.

In the Argentine Republic La Senorita Grierson has lately obtained her diploma as an M. D. She is the first young lady to lay aside all ancient traditions and endeavor to win an honorable title for herself.

### THE BIGNESS OF SLEEVES.

The unobservant average man has at last come to a realizing sense of the startling prevalence of big sleeves. It is almost a worn-out topic to women; the biggest of their sleeves have been dropping their arms for many months, and they have arrived at the present enormity of arm-covering by subtle degrees of advancement. Two years ago sleeves seemed ample in the reaction from the smooth-fitting fashions of old, but sleeves of gowns made two years ago bring a pang of mingled sadness and amusement when they appear now days before their owners, whose arms have been hidden

away in the fulness of time by the advancing season's style. The unmarried daughters of the Princess of Wales are among the few women left in the world who do not wear over-sized sleeves. These girls must be distinguished in some way from other girls, and their mother wisely manages to keep them always a good deal behind the fashions; and at present she makes a stand for moderate sleeves for the Princesses. Her own sleeves and those of the Duchess of Fife are much larger this year than last; and the most introspective American citizen, who cannot change the size of his sleeves in any appreciable degree from year to year, cannot fail to see that now even the woman who scrubs his office stairs no longer droops at the shoulders and elbows, but puffily, in calico, as others in organdies or silks, asserts the bigness of sleeves. To dine now in state at the board of your neighbor means no longer a vision of gleaming white arms of the ladies at table; the enveloping sleeves of full dress costumes, too, have changed all that. (New York Commercial Advertiser.)

### FASHION NOTES.

The soft white and yellow leghorns are still popular hats for little girls.

Widows' bonnets have strings of corded white ribbon, dull in finish, and nearly a finger broad.

Black lace mittens of great length are fashionable, as are also those of ecru and white net, decorated with tassels on the drawing strings.

Green and black, blue and black, and white and black are stylish color combinations for dresses.

Silk muslin, accordion plaited, is much used for the bodices of summer gowns, and the corsages have square yokes of guipure lace or handsome embroidery.

Fancy waists of accordion plaited black mousseline de soie, made over fitted linings of bright silk and worn under beaded jackets, are fashionable and novel.

Simple styles are best for wash dresses, and they should be made without lining, as dresses made with linings are difficult to launder.

Leghorn flats bent to suit the wearer's face are indispensable accessories for the really stylish wardrobe summer outfit. The crowns of these large hats are frequently removed and garlands of roses with tulle ribbons replace them.

There are fabrics without number and trimmings galore which may be utilized for children's garments; but this is to be a cotton season, and the styles for dresses are particularly suited to the wash goods, and certainly nothing is prettier for the little ones than white gowns.

An effective and stylish trimming for China silk gowns is ecru or black lace over the distinguishing color of the frock. For example, a black ground upon which yellow flowers or geometrical designs are tossed will have a black lace over yellow. Black China crape, with insertions and picot edge trimming for ruffles and bretelles, is considered especially effective.

A dress of plain silk, with an elaborate trimming in the shape of a plaid scarf, is a new caprice. The scarf extends around the collar, crosses down the front, meets at the back of the waist-line and falls to the hem of the skirt. It is edged with lace or closely plaited ribbon.

One of the most stylish, simple costumes of the season is made for a World's Fair dress. The material is blue denim, with trimming of thick blue braid. It is made with skirt and jacket and a silk blouse, or a high-cut vest is worn with it. It is strictly tailor-made, and as stylish as it is unusual.

Lace capes were never more popular than at present, almost every importation showing quantities of them. Some are made entirely of lace, others of lace and satin, while some are combinations of lace, passementerie and embroidery, with ribbon in enormous quantities.

New parasols are masses of lace and other trim material. In some models there is a square of embroidery or a puffing in the middle of the top with wide ruffles and loose puffs of the thin goods at the edge.

Red is used as much as ever for seaside and country wear, while serge is liked and black serge is somewhat newer than the ever popular navy blue.

After the attempt to harmoniously blend all the colors of a gorgeous parrot in one gown, it is a relief to find that the stylish combinations of black and white or black and cream are popular.

Among the novelties are Marie Antoinette capes of lace, either black or white, that are to be worn with summer toilets. These have long scarf ends that fasten at the belt and fall to the skirt hem.

Cool summer dresses in white and green or white and mauve or gold, are of white crepe with a garniture of China silk arranged as a soft, easy empire vest with bretelles of lace beyond.

The fashion of wearing elbow sleeves in the daytime is not universally adopted. The expense and inconvenience of long gloves are sufficient objections.

A new skirt for evening frocks is a whole circle cut out of a large square of a very wide transparent fabric especially manufactured for this purpose. An oval hole is cut in the center of this circle for the waist, and the skirt is then hung upon a belt without a particle of fullness. The silk foundation is covered to the hips with accordion plaited sarah, in rainbow hues, harmonizing with the outer skirt.

Bronze ties and slippers embroidered with colored beads to match the costume, and stockings to correspond, are among the pretty novelties in footgear.

### Look Out for Your Liver.

The liver is a hard-worked organ, and generally it does its work well. It is the largest gland in the body, and is mainly concerned with the functions of digestion and nutrition, though it has other important duties. So varied and complex is its work that most people think they are safe and justified in sacrificing a majority of the minor ills from which they suffer to a disordered liver. In this way it is a much maligned organ, and it is wholly innocent. Actual disease of the liver is a serious matter, but it is comparatively infrequent, and never exists alone.

In this paper we are only considering those functional derangements which are popularly supposed to be the cause, and to explain the indefinable sensations which we experience when we get out of sorts. If we do not feel happy, if we worry and grumble, if we are torpid, if the day seems dreary and long, if the weather is bad, if things go awry, it is always the liver which is at fault. It is generally "sluggish," and many and divers are the popular medications to stimulate it to the satisfactory discharge of its duties.

A very common cause of a touch of the liver is over-eating (a vice more general than, and almost as reprehensible as, over-drinking). We eat generally out of all proportion to our work or to our needs, and take insufficient exercise, by means of which our tissue changes become indolent and incomplete. Deleterious products become stored up in our system, and we make the liver the scapegoat. Another cause is over-drinking, actual disease following the frequent congestion of the liver due to over-indulgence in alcohol. The occupation may be of too sedentary a character, and may predispose to liver derangement. But even admitting that in a large number of cases a trivial irregularity in function can be proved against the liver, there is a large number of other causes which produce apparently the same symptoms. (Cassell's Family Magazine.)

### Thousands of Snails of All Sizes.

There are over 2,000 species of snails and they are found in all parts of the world. Some are even smaller than a pin head, while others, in France and Italy, for instance, are cultivated for food and are large enough to make a good mouthful. Snails are vegetarians, and have jaws and tongues of saw-like edge, the number of points on each running into the thousands. On the approach of cold weather the snail throws a film over the mouth of its shell, which tightens like a drumhead. As it becomes colder other films are added on the plan of storm windows. Extensive drought will cause the snail to close its doors in the same way to prevent the evaporation of its bodily moisture and dry up. These little animals are possessed of astonishing vitality, regaining activity after having been frozen in solid blocks of ice and enduring a degree of heat for weeks which daily crisps vegetation.

### Remarkable Case in Criminal Law.

The strongest case on record in the history of criminal law in Texas has just come to light. On December 12, 1892, Peter Meggs was convicted at Anderson, Grimes county, of the murder of Mike Ferry on purely circumstantial evidence, and sentenced to a life term in the State penitentiary, being sent to Huntsville. Two or three months after his arrival there Mike Ferry, the man he was supposed to have murdered, bobbed up in western Texas, where he was arrested for committing a felony, tried and convicted, and sentenced to a short term in the same prison where his supposed murderer was incarcerated. The men recognized each other immediately, but Ferry being legally dead, cannot testify in behalf of Meggs, and the latter, being a convict, cannot testify in his own behalf.

The matter has been brought to the attention of a firm of Galveston lawyers, one of whom is Congressman Gresham, and they will summon six citizens of Hempstead, where Ferry is well known, to proceed to the penitentiary and identify him. This being done steps will be taken to secure a pardon for him from Governor Hogg, in order that he may testify in behalf of Meggs, and thus secure his release. Lawyers who have been looking up authorities in the case say there is no such instance on record.

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